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NHMHP-MMU0EMRT/1/2019-MH-Section -9129
National Health Mission,
Himachal Pradesh



NOTIFICATION

JEEVAN DHARA - Mobile Health & Wellness Centre

The vision of the State Government through the Health Department and National Health Mission is universal access to equitable, affordable and quality health care services. One major objective is to provide a complete range of health care services for populations living in remote, inaccessible, un-served and underserved areas mainly with the aim of taking healthcare service delivery to the doorsteps of these populations. Considering the unfavourable topography, this objective becomes even more imperative to achieve in a hilly state like Himachal Pradesh. 'Jeevan Dhara' is a step towards achieving this highly difficult aim.

SCOPE OF FUNCTIONING

Jeevan Dhara shall function as a mobile Primary Health Centre – Health and Wellness Centre and shall undertake the following functions:

1. Diagnostics:

Provide point of care diagnostics - Blood glucose, pregnancy testing, urine microscopy, albumin and sugar, Hb, Height/Weight, vision testing, RDT, biochemical and other haematological investigations.

2. Drugs:

The Jeevan Dhara will have the requisite drugs and supplies as prescribed for a PHC in the State EDL. The drugs/supplies inventory management for Jeevan Dhara shall be a part of the plan for the district in which the Jeevan Dhara is located. Requirement of Jeevan Dhara drugs and supplies shall be integrated into state procurement cum logistic framework, and it should maintain three months stock of medicine, refilling as required.

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3. Screening:

The Jeevan Dhara shall screen populations for Hypertension and Diabetes and Cancers (breast cancer, cervical cancer and oral cancer) and undertake follow-up checks during the monthly visit, including providing patients requiring drugs with a monthly supply (Hypertension, Diabetes, Epilepsy). The system of screening and data capturing shall be the same as is being followed for the Health and Wellness Centres.

4. Curative Services:

The Jeevan Dhara shall provide outpatient services besides routine Antenatal checkups in the area of operation. Where there are cases needing acute medical care on the day Jeevan Dhara reaches the site, such care would be provided and patient referral organized.

5. IEC:

The Jeevan Dhara shall undertake IEC sessions on a range of health topics - improved preventive and promotive behaviours for maternal and child health, communicable diseases, including vector borne diseases, educate the community on lifestyle changes, the need for screening for NCDs, and early recognition and appropriate referral. Telephone numbers where patients can lodge their complaints to be displayed on Jeevan Dhara for Grievance Redressal.

INFRASTRUCTURE/LOGISTICS

1. Fabricated Heavy weight vehicle designed to provide space for mobile staff, drugs and diagnostics equipment.
2. Lab equipments for diagnostics. The list of equipments provided in Jeevan Dhara is Annexed at Annexure A to these guidelines.
3. Drugs under EDL, Free drug Supply

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4. Screening tools like sphygmomanometer, Stethoscope, pap smear kit, torch, thermometer, measuring tape, weighing scale etc.
5. Laptop and printer for recording and reporting and dongle or SIM for network.
6. IEC material
7. One ABC type fire extinguisher cylinder
8. Software to maintain the whole platform right from registration, recording, reporting, follow up and data analysis in real time basis.

HUMAN RESOURCE

Each Jeevan Dhara will have following Officer and officials:

1. Medical Officer
2. Pharmacist
3. Laboratory Technician
4. Driver
5. Class-IV
6. Community Health Officer/ANM in Sub Centre - Health & Wellness centre will coordinate with the team.

Operational Aspects of Jeevan Dhara

1. Officer-in-charge will be the Chief District Medical officer at district level, who shall be responsible for the operational aspects.
2. The planning and dissemination of the Jeevan Dhara route map is the responsibility of the CMO with support from the District team. The first step shall involve a mapping of villages and village clusters which are inaccessible and underserved. The deployment of Jeevan Dhara shall be prioritised in those areas where there are no functional facilities. While framing micro plan, care may be taken that fixed service delivery days by ANM like RI session, VHSNC, VHNDs do not interfere with Jeevan Dhara services. The Jeevan Dhara will visit every subcentre/ Health & Wellness Centre at least once a

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year. In addition, villages may be selected at district level based on following parameters:

- High NCD load
 - Poor accessibility by road and transport
 - Vacant subcentre/ Health and wellness centre/ PHC
 - Designated hard to reach areas
 - High Risk areas falling under identified urban areas under National Urban Health Mission
3. The mapping shall also identify referral sites that are the first point of referral for these inaccessible clusters. Tentative template for microplan plan formulation is at Annexure B to these guidelines. Visits may be planned depending upon local conditions such as all weather roads, access conditions, terrain, and accessibility to health facility. The Medical officer in the nearest functional Primary Health Centre will provide support to the Jeevan Dhara team as required. Where there are functional sub centres, in these areas, the CHO and ANMs would be available on the day of the Jeevan Dhara visit to provide support. Referrals should be made to the nearest CHC, or DH. In case emergency care is needed, the services of 108 may be utilised.
4. Depending on distances, the Jeevan Dhara could make upto one visit a day to distant villages, planning for four hour travel time and about four to five hours in a given site. For shorter distances additional villages could be covered, but these are to be planned based on local context. The visit should be preceded by active mobilization with a well publicized schedule of visits through loudspeakers, announcements, etc. The days on which Jeevan Dhara is not mobilised may be used for maintenance of vehicles, refilling supplies and entry of data etc. Action plan will be based on fixed day approach for maximum participation of the people and reliance as a point of

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care preventive and curative service delivery facility. It should be ensured that eeah Jeevan Dhara undertakes camps at minimum 15 locations in one month.

5. The route of a Jeevan Dhara would be planned such that it reaches a site which serves a cluster of villages that are otherwise inaccessible. The Jeevan Dhara may choose a service site in Villages with a weekly market/Haat or where people from nearby village clusters (which are otherwise inaccessible) tend to congregate. In urban areas, the Jeevan Dhara should be located in the Mohallas or localities occupied by marginalised population.
6. The ASHA and VHSNC would carry out the function of community mobilization, ensuring that people who need services are informed of the schedule, can mobilize those in need of screening, those with communicable diseases or chronic conditions for follow up medical examinations, women in need of family planning services, children in need of medical care, follow up of children discharged from secondary or tertiary care facilities, and those with acute medical conditions.
7. The Jeevan Dhara could also be used for natural or man-made calamities or in disaster situations and epidemics to provide services to affected populations.
8. The Jeevan Dhara must not be seen as a stand-alone service delivery option, but rather as a way of delivering primary care in remote, inaccessible areas, and establishing a continuum of care with community level and outreach care as well as secondary and tertiary level care.
9. Medical Officer in the Primary Health Centre of the area of the camp and local Sub-centre staff will be present subject to availability for the camp. Members of the Village Health Sanitation and Nutrition Committee and Local NGOs must be present for the camp. Members of Panchayati Raj Institutions may also be present for the camp.
10. All the services provided through the MMU shall be free of cost.

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11. The Vendor for Operationalization shall follow the service plan / route plan / calendar for MMU services as approved by the CMO of respective district. The cost towards boarding/lodging etc of the team up to 5 nights per month per MMU shall be borne by the Vendor and the CMOs of the respective Districts shall support in liaisoning for guest houses etc. if available.
12. The Biomedical Waste rules, 2016 must be adhered to at all times during service provision and the biomedical waste generated during the camp must be deposited at the nearby PHC/any other facility.

Job Responsibilities

Medical Officer:

- MO will be the in-charge and overall responsible for the effective functioning of the Jeevan Dhara. The other staff will work under his/her supervision on a day to day basis.
- In case of referral to the nearest facility, the MO shall maintain suitable records (detail address and the cause of emergency in the register and log book of the vehicle) and issue a clear descriptive referral slips
- MO shall work in collaboration with the MO I/C of nearest PHC under whose area services are being rendered.
- MO shall work in coordination and cooperation with the health staff of the department, local authorities, Village Health Sanitation and Nutrition Committee(VHSNC) etc.

Pharmacist cum Administrative Assistant

- To dispense the medicines to the patients prescribed by the MO in the Jeevan Dhara.

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- To take appropriate action for Bio Medical waste management with the MO
- To maintain all adequate stock, inventory and issue registers.
- To carry out all other tasks as ordered by the MO of the Jeevan Dhara.

Laboratory Technician:

- To carry out the diagnostic tests/laboratory tests as per the requirement and feasibility.
- Maintain and fill documents/records as per program guidelines.
- To carry out all other tasks as ordered by the MO of the Jeevan Dhara.

ASHA/ANM/CHO:

- Mobilisation of beneficiaries
- Follow up with positive screened cases
- IEC Activities

Chief Medical Officer/ District Programme Officer:

- Ensure timely preparation, submission and dissemination of microplan on monthly basis.
- Review of monthly performance
- Ensure replenishment of supplies including drugs and diagnostics.

Monitoring and Evaluation

1. Regular monitoring of not just the operational issues related to Jeevan Dhara but the number and types of patients serviced must be undertaken, so as to

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ensure that the Jeevan Dhara is actually serving a need and is able to provide services for a larger number of people or a comprehensive care for a smaller population who would otherwise not receive such care. Such monitoring should also provide information on other health needs that need to be addressed. The functioning of the Jeevan Dhara in a district should be monitored regularly and be an essential part of the review by the Chief Medical Officer/Deputy Commissioner. Reports should be analysed at month-end with CMO/ concerned DPO while framing micro plan for next month to identify gaps and work out possible solutions.

2. Monthly reporting is to be carried out as per the format (Annexure-C) and revised as and when needed. The reports are to be submitted by the Vendor to the CMO of the respective districts who shall then submit the monthly Bill as per the deployment and penalty levied for non availability of the staff in MMU's by the Vendor for operationalisation.
3. Record Maintenance including microplan, no. of scheduled camps held/cancelled due to reason (to be mentioned) with date and time, patient attendance with diagnosis and treatment, patient referral record to be done by the MMU staff and the same shall be validated by concerned Chief Medical Officer.



By Order
-sd-
Secretary (Health) to the
Government of Himachal Pradesh

Endst. No As above Dated Shimla-9, the
Copy for information/necessary action to:

1. The Chief Secretary to the Government of Himachal Pradesh.
2. The Principal Secretary to the Chief Minister, Government of Himachal Pradesh
3. Secretary (Health) to the Government of Himachal Pradesh.

Nagendra
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4. Additional Secretary & Mission Director, National Health Mission, Government of India.
5. The Director Health Services, Himachal Pradesh.
6. The Director Medical Education and Research, Himachal Pradesh.
7. All the Chief Medical Officers, Himachal Pradesh
8. All the Medical Superintendents, Himachal Pradesh
9. All the Principals, Government Medical Colleges, Himachal Pradesh
10. All the State Programme Officers, National Health Mission, Himachal Pradesh
11. All the District Programme Officers, Himachal Pradesh
12. Website Information Manager, NHM with the request to upload the notification in official website of the NHM.

Negamun
18/11/20
Mission Director, NHM
Himachal Pradesh, Shimla – 9

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Annexure – A

List of equipment provided in Jeevan Dhara

S.N.	Equipment Name
1	Knee Hammer
2	Measuring Tape
3	Nebulizer with masks
4	Weighing Scale
5	Semi Automatic Biochemistry Analyzers
6	Microscope
7	Counting Chamber
8	Heamoglobinometer
9	Uristrix
10	Syringe & Needle
11	Vaginal Speculum
12	Glass Slide
13	Ophthalmoscope
14	Otoscope
15	Needle Cutter
16	Dressing Drum
17	Oxygen Cylinder
18	LCD Television
19	DVD/Pen drive
20	Inverter & Battery
21	Gloves
22	Fire-Ext.
23	Pupillary torch
24	BP Apparatus

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**Annexure-C****Reporting format for MMUs Jeevan Dhara**

Stationed at:

Reporting Month:

Vehicle Registration No:

Date	Location (Village)	OPD											No. of lab tests conduct ed	No. of patient s referr ed	Nearest facilit y to MMU	VHSN C member
		Communicable diseases		NC Ds	RCH	ANC/ PN C	Eye/ ENT	Others	Screening Activity (New Cases detected)							
		Acute	Chronic						HT N	DM	Cancer	Others				
01																
02																
03																
04																
05																

Remarks by CMO regarding the performance and attendance of the MMU Staff and
penalty to be levied, if any as per guidelines: