

I/236023/2023



(e-12406) NHMHP-NCD0GEN/20/2019-NCD-NHM
National Health Mission,
Himachal Pradesh, Shimla-9

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To

1. All the Chief Medical Officers,
In Himachal Pradesh
2. The Principals, Medical College DYSPMC, Nahan and
Dr. RKGMC, Hamirpur.
3. The Medical Superintendents,
RH Chamba, DDU Shimla, DH Hamirpur, DH Sirmour, CH
Rohru and RH Keylong, Lahual & Spiti

Dated, Shimla -17/009

the

Subject: Regarding notification and revised guidelines of Nirog
Clinics.

Sir,

This is in continuation to letter No. NHMHP-
NCD0GEN/20/2019-NCD-10334 dated 16.12.2020.

It has now being decided to further establish Nirog Clinics in
the following Health Institutions of the State.

1. RH Chamba
2. Deendyal Upadhyay Zonal Hospital, Shimla
3. DH Hamirpur attached to Dr. RKGMC
4. DH Nahan attached to Dr. YSPGMC
5. CH Rohru
6. RH Keylong, Lahaul & Spiti

These would be in an addition to already notified Nirog Clinics
vide Notification 16.12.2020 mentioned about. The newly notified Nirog Clinics
would soon be staffed by one Staff Nurse and one Data Entry Operator by NHM
through outsource basis.

The working of the Nirog Clinics would now be as follows:

1. The Medical Superintendent/Incharge of the Health institution will provide a
room preferably near the OPDs for the Nirog Clinics.
2. The Nirog Clinics would be manned by one MBBS doctor who would be
trained by NHM in NP-NCD Program, if not already done. The Nirog Clinic
will be further manned by one Staff Nurse and one Data Entry Operator
provided by NHM on outsource basis. It is mandatory that the Staff Nurse and
the Data Entry Operator will remain present at all times in Nirog Clinics
during the working hours of the Health Institution. They will not be assigned
any other duties without approval of the Mission Director, National Health

(Signature)

3/2023


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3. All the patients who are coming to general OPD and medicine OPD must first come to the Nirog Clinic. The Medical Superintendent/Incharge would be responsible to put in such a mechanism in place.
4. The Data Entry Operator will create ABHA ID's of all the patients attending the Nirog Clinic and seed the same on the NP-NCD portal. He/She will also administrator the CBAC form to the patient electronically. Subsequently, the Medical Officer/Staff Nurse would measure the Blood Pressure and Random Blood Sugar of the patient. The Medical Officer/Staff Nurse also must screen the patients for Oral, Breast and Cervical Cancer in the Nirog Clinic itself.
5. The Medical Officer/Staff Nurse would direct the patient to the specialist OPD or general OPD as required or as the patients desired. The patient would be asked to go to ENT Specialist/Dental Surgeon/OBG Specialist/Surgeon in case any of the three cancers i.e. Oral Cancer, Breast Cancer or Cervical Cancer are suspected.
6. The patient would be advised to report back to the Nirog Clinic after visiting the OPD(s) and would be conveyed that he/she will get monthly requirement of drugs from the Nirog Clinic itself. The patients requiring Chemotherapy would be administered Chemotherapy by the Medical Officer and the patient may be admitted in the Medical ward for the same. The Medical Specialist would also oversee the administration of Chemotherapy to the patient.
7. The Staff Nurse would dispense the medicines prescribed to the patient which are available in the Health Institution. A store would be created on DVDMS by the name of Nirog Clinic and store of the Health Institution would issue drugs to the Nirog Clinic which are indented by them.
8. The Medical Officer/Staff Nurses would counsel the patient on Life Style Modification (LSM) and the importance of regular follow-up. They will also give the next date of follow-up.
9. All the required data of each patient would be updated on the NP-NCD portal by the Staff Nurse/Data Entry Operator.
10. The Data Entry Operator of Nirog Clinic posted at District level Health Institution will also assist the District Programme Officers (NP-NCD) in preparing the monthly report are Form 5A and 5B.

29 AUG 2023

Endst. No. As above

Copy forwarded for information.


Mission Director (NHM),
Himachal Pradesh, Shimla-9
Dated Shimla-9. The

1. The Additional Secretary –cum- Mission Director, Govt. of India, Ministry of Health & Family Welfare Nirman Bhavan, New Delhi.
2. The Secretary (Health) Govt. of HP.
3. The Director of Health Services HP.
4. The Director of Medical Education HP.
5. The Executive Director, National Health Systems Resource Centre, New Delhi.


Mission Director
National Health Mission
H.P. Shimla-171009