



National Health Mission
SDA Complex, Kasumpti, Shimla-9
Himachal Pradesh

Dated: Shimla-171009, the July 2020

08 JUL 2020

Shimla-9 (H.P.)

NOTIFICATION

The timely and adequate screening of the population of age more than 18 years is imperative to the early diagnosis of the common NCDs and is the cornerstone of the strategy for Nirog Himachal. This is in continuation to the notification of the Mukhyamantri Nirog Yojna dated 20.11.2018, GOI guidelines under NPCDCS and Action plan notified vide dated 5.2.2019. The following protocols shall be adhered to, for NCD screening in the State of Himachal Pradesh:

1. The enumeration and question based risk assessment of all population with age more than 18 years shall be done by ASHA workers on yearly basis as per the checklist /CBAC provided to them (Verbal Screening). ASHA shall be paid Rs. 10 for filling up of each checklist under NPCDCS. The yearly enumeration would account for any additions/deletions in a family like attaining the age of 18 years/death/ Married-in/Married-out etc. and the same shall be recorded in the e-application for the purpose.

| | Frequency | By | At | Method | If positive |
|--|-----------|------|-----------------------|----------------|--|
| Enumeration and Risk assessment as per the Health card/CBAC | Annual | ASHA | House to house visits | Question based | Refer to CHO at HWC- HSC/HW at HSC/MO at PHC (HWC) |

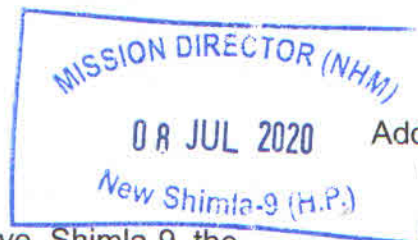
2. Those found risk positive based on CBAC form shall be immediately referred for physical screening of Diabetes/Hypertension/three common cancers at the concerned Health Institution and by the method as prescribed for individual NCDs by the matrix at Annexure A to these guidelines.

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*Ms. Anshu Na
 ATMS as chief ma. 7 to all immunity
 9/7/20*

3. The persons with no risk as per the checklist/CBAC would also be physically screened for NCDs, apart from the verbal screening carried out by ASHA, as per the frequency/mode prescribed as per the Annexure A.
4. If confirmed by physical screening, treatment shall be initiated as per the Standard Treatment Guidelines.
5. The already diagnosed patients shall be followed by ASHA worker on monthly basis to ensure regular check-ups and treatment. ASHA shall be paid Rs. 100/- per year for monthly follow-up of NCD patients under NPCDCS.
6. At all stages including verbal screening, physical screening, treatment and follow up, data shall be uploaded in e-application prescribed for the purpose.



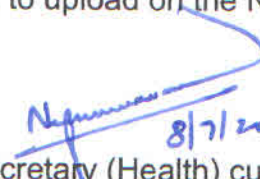
Approved
-sd-

Additional Chief Secretary (Health) to the
Government of Himachal Pradesh

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Copy for information and necessary action to:

1. Additional Chief Secretary (Health) to the Government of Himachal Pradesh
2. Director Health Services, Himachal Pradesh
3. All the Chief Medical Officers in Himachal Pradesh
4. All the Medical Superintendents in Himachal Pradesh
5. SPO-NCD, NHM, Himachal Pradesh.
6. SPO-HWC, NHM, Himachal Pradesh
7. SPO-Community Processes, Himachal Pradesh
8. Website Information Manager, NHM with the request to upload on the NHM, HP Website.


8/7/20
Special Secretary (Health) cum
Mission Director, NHM
Himachal Pradesh, Shimla - 9

Annexure A

| | Screening for Diabetes and hypertension | Screening for oral, cervical and breast cancers (breast and cervical cancer screening for married women of 18-65 years age only) |
|-------------|--|--|
| Frequency | Annual (immediate priority shall be given to risk positive as per checklist) | Once in five year (immediate priority shall be given to risk positive as per checklist) |
| By/At | CHO at HWC-HSC/ HW at HSC/ MO at HWC-PHC for population of co-located HWC-HSC | CHO at HWC-HSC / MO at HWC-PHC for population of those HSC which have not been upgraded into HWC/ MO at HWC-PHC for population of co-located HWC-HSC |
| Method | Glucostrips for Diabetes and BP apparatus for Hypertension | Cervical cancer screening by VIA, Oral cancer screening by visual inspection and breast cancer screening by clinical breast examination |
| If positive | Refer to MO at HWC-PHC/ MO at PHC or CHC for further evaluation and initiation of treatment | Refer to the nearest specialist /Nirog clinics |

MO – Medical Officer
 HW – Health Worker
 CHO – Community Health Officer
 HWC – Health and Wellness Centre
 HSC – Health Sub Centre
 PHC – Primary Health Centre

