



No. NHMHP-IDSP0SCTY/1/2019-IDSP **10998**
National Health Mission-HP
SDA Complex, Kasumpti, Shimla-9Himachal
Pradesh
Dated: Shimla-171009, the

To

All the Medical Officers,
Himachal Pradesh



Subject: Advisory regarding Scrub Typhus.

Memo,

As per IHIP-IDSP Portal, it is been observed that there is increase a number of Scrub Typhus cases in Himachal Pradesh day by day.

In view of this the treatment of Scrub Typhus should be started presumptively i.e patients reported with fever, body aches (with chills & rigor), rash (2-5 days) in a vulnerable group in monsoon and post monsoon period initiated with presumptive treatment. All the Death cases attributed to the said disease may be investigated and reported immediately to the concerned District Surveillance Unit.

In this regard, the following preventive measures may be ensured at healthcare facility level:

- Ensure availability of Doxycycline/Azythromycin tablets at all the Healthcare Institutions
- **All the patients of fever reporting with fever in healthcare facilities should be given presumptive treatment with Doxycycline/Azithromycin.**
- Start IEC campaign at the field level which shall include Group meetings, PRI awareness meetings, Cluster Miking, Pamphlet distribution, community radios (if available) , Health talks , circulating handbills etc.

Ensure dissemination of the following information amongst masses:

Do's:

- While working in the fields, keep the body completely covered (especially the legs, feet and arms).
- Maintain cleanliness around the house and do not allow weeds to grow in the surroundings of your houses
- Spray insecticides in and around the houses.
- Be sure to take a bath after cutting grass or coming in contact with dense grass.

- Take care of body cleanliness.
- Do regular cleaning of pets.

Don'ts

- Do not sleep on the ground to avoid bites from infected fleas.
- Do not sit or lie down in a green grass field.
- Do not wear clothes with half sleeves or half covered legs while cutting grass.

Keeping in view of above, it is therefore directed to take necessary action in this regard as well as to ensure daily reporting of the disease on IHIP-IDSP surveillance Portal along with the Line list of all fresh cases of Scrub Typhus.

Treat it as Most Urgent.



M. Indhade
Secretary (Health)
to the Govt. Himachal Pradesh

Endst. No. As above Dated Shimla-9 the
Copy for information to:

1. All the Deputy Commissioners Himachal Pradesh
2. The Director Health Services, Himachal Pradesh.
3. The Director Medical Education, Himachal Pradesh.
4. All Principals Medical Colleges, Himachal Pradesh
5. All Chief Medical Officers, Himachal Pradesh for n/a.
6. All The Block Medical Officers, Himachal Pradesh for n/a.
7. All the Medical Superintendents, Himachal Pradesh.
8. All the District Surveillance Officers, Himachal Pradesh for n/a.

M. Indhade
Mission Director,
National Health Mission,
Himachal Pradesh