No. HFW-H/NHM/Printing-MH/2017-Vol.I
National Health Mission
Himachal Pradesh

MISSION DIRECTOR (NHM)
10 MAY 2018
New Shimla-9 (H.P.)

To,

All the Chief Medical Officers,
Himachal Pradesh

Dated Shimla-9, the

Subject: Guidelines for the use of various material/registers supplied by state headquarters NHM.

Sir,

This is in reference to this office letter No. HFW-H/NHM/Printing-MH/2017 dated 16 Oct 2017 where by the following material has been supplied to you and has been duly received by the districts

1. **Booklet on anemia:** This is small booklet on "Anemia during pregnancy" for the pregnant mother. The number of booklets has been calculated as per HMIS data of Antenatal Registration. Please ensure that this booklet is distributed with the MCP card at the time of registration to all pregnant women.

2. **Registers for PMSMA Clinics:** The state has designed standardized PMSMA Registers and the same has been supplied to you based on the number of running PMSMA Clinics in the districts. Basically the columns in the registers are self-explanatory, however, instructions for filling the PMSMA registers have been printed in the first few pages of the registers. Basically, the registers consist of two parts and are to be filled at the PMSMA Clinics by the designated Nodal ANM for each PMSMA Clinic. The first part contains details of patients and laboratory investigations. Based on the same, a high risk pregnancy can be identified and is to be mentioned in the 33rd column of the register. The list of conditions to be labeled as High Risk Pregnancies has been given in the register.

   In case a woman is identified as high risk pregnancy, a birth preparedness plan has to be filled up. A sample of birth preparedness plan and the instructions to be given to the pregnant women are given in the register. A standardized BPP has been designed as a pamphlet and same sent to all districts.

   Secondly, all women who are identified as high risk pregnancies have to be entered in the second part of the PMSMA register. The instructions for filling the second section have been printed at the start of this section. The sheets in the second portion are in triplicate with two self inking copies. The pink and the yellow copies are to be torn from the register. It has to be ensured that the line list of HRP in the pink copy is received by the concerned ANMs. This line list can be carried by the ANM/ASHA and given to the concerned ANM. The line list in the yellow copy has to be given to the concerned block DEO.

3. **PMSMA OPD Slips:** The state has designed standardized PMSMA OPD Slips. These booklets should be available with Nodal ANM and once the beneficiary comes to the PMSMA Clinic with the hospital registration Slip, the PMSMA OPD Slip may be filled and attached with the hospital registration slip. The purpose of PMSMA OPD Slip is to ensure the all the services given to the pregnant women are recorded in the slip which would in turn help in filling then PMSMA register.

4. **High Risk Pregnancy Register:** This register has to be maintained at the health sub-centre and the MCH centres (only if some population is assigned to MCH centre). The register has to be maintained by the ANM of health sub-centre or the in charge (Supervisor/ANM) of MCH wing. The register is self-explanatory, however, instruction for filling the register as well as HRP conditions has been enlisted in the beginning. The register has a provision for filling information for six follow up visits to monitor the improvement in the HRP condition. The details of a high risk pregnancy and all the follow ups has to be conveyed to the block DEO. The DEO has to ensure that the line list supplied by various ANMs has all the entries of the line list received from the yellow copy. The DEO has to update the information of HRP on a monthly basis as per the formats attached (Annexure 1) and send the format to the district level every month. The district will compile information from the blocks and supply to the state along with NHM's comprehensive reporting formats.

5. **Birth Preparedness Plan Pamphlets:** These pamphlets are to be filled for every high risk pregnancies and are to be handed over to the pregnant women/attendant after due counseling.

6. **Labour Room Registers:** All the districts are already using Lobour room registers based on the delivery load of health institutions of the districts.

You are requested to distribute the material as per requirement, ensure that the registers are duly maintained and the material is optimally utilized.

MISSION DIRECTOR (NHM)
10 MAY 2
New Shimla-9 (H.P.)

Deputy Mission Director,
National Health Mission
Himachal Pradesh
Email: ddnrhmhp@gmail.com
Endst.No. As above Dated Shimla-9, the
Copy to:

1. The Principal Secretary (Health) to the Government of Himachal Pradesh for information please.
2. The Director Health Services, Himachal Pradesh for information please.
3. The State Lead, IPE Global, Parimahal, Shimla-9 for information please.
4. The State Programme Officer, IEC, NHM for information please.
5. The Consultant, e-Health, NHM with the request to upload the guidelines on NHM website under Maternal Health.

10.25.18

Deputy Mission Director,
National Health Mission
Himachal Pradesh