



Ministry of Health & Family Welfare
Government of India

PRADHAN MANTRI TB MUKT BHARAT ABHIYAAN (PMTBMBA)

Sensitization of PRI
August 29, 2023
SIHFW Parimahal ,Shimla HP

Presented By :-

L. R. Sharma State IEC Officer
State TB Cell (STC)



PMTBMBA launched virtually on 9th Sept 2022



More than 2.25 lakh people witnessed the live proceeding across the country



PRADHAN MANTRI TB MUKT BHARAT ABHIYAAN

Launched by the Hon'ble President of India on 9th September 2022



Hon'ble Governor Himachal along with State NTEP Team joined Virtually



PRADHAN MANTRI TB MUKT BHARAT ABHIYAAN

State launching by the Hon'ble Governor, HP on 17th September 2022, CH Sangla, District Kinnaur



LAUNCHING OF
**PRADHAN MANTRI
TB MUKT BHARAT ABHIYAN**
BY
SH. RAJENDRA VISHWANATH ARLEKAR
THE HON'BLE GOVERNOR OF HIMACHAL PRADESH

DATE : 17 SEPTEMBER, 2022

VANUE: C.H.C. SANGLA, DISTRICT - KINNAUR





प्रधानमंत्री टीबी मुक्त भारत अभियान,
जनभागीदारी से होगा मानवता का कल्याण

NI-KSHAY 2.0

***“A digital platform for community support for
the persons with TB”***



OBJECTIVES OF NI-KSHAY 2.0





SCOPE OF NI-KSHAY 2.0



Co-operative societies
Corporates
Elected Representatives
Institutions
NGOs
Political Parties
Individuals



**Who can
be
Ni-kshay
Mitra?**



**What is the
duration of
Support?**

1 Year
2 Years
3 Years



**What are the
types of
support to be
provided by
Ni-kshay Mitra?**

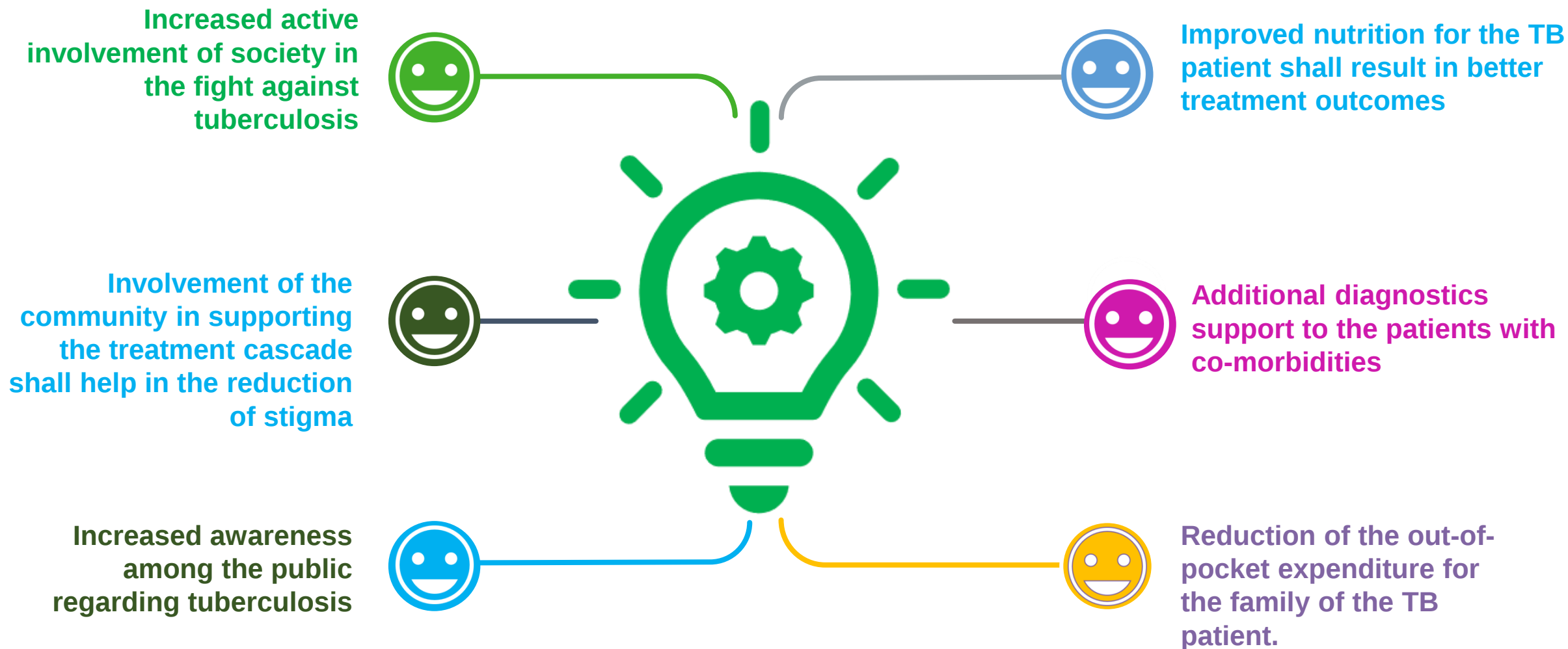
Nutritional Support
Diagnostic
Vocational
Additional Nutritional Supplements



**What kind of
Geography
types to be
supported**

State
District
Block
Peripheral Health Institution

EXPECTED OUTCOME OF NI-KSHAY 2.0





NUTRITIONAL SUPPORT

RECOMMENDATIONS FOR MONTHLY FOOD BASKET

OPTION 1 (per month)

Food groups	For adults	For children
Cereals / millets	3 kg	2 kg
Pulses	1.5 kg	1 kg
Vegetable cooking oil	250 g	150g
Milk powder/ Milk/ Groundnut	1 kg/ 6L/ 1 Kg	750g/ 3.5L/ 0.7Kg

OPTION 2 (per month)

Food groups	For adults	For children
Cereals / millets	3 kg	2kg
Pulses	1.5 kg	1 kg
Vegetable cooking oil	250 g	150g
Eggs	30 nos	30 nos
Milk powder/ Milk/ Groundnut	1 kg/ 6L/ 1 Kg	750g/ 3.5L/ 0.7Kg

1. For micronutrient adequacy, patients may be encouraged to consume locally available fresh vegetables, beans and fruits every day.
2. In addition, a supplement containing B complex vitamins, vitamin C and minerals may be provided.
3. Total Cost per month for these options is around Rs. 800-1000 per patient

**Source: NIN, Hyderabad*



SCREENSHOTS OF PORTAL



communitysupport.nikshay.in

[Skip Navigation](#) [A+ A- A](#) [Select Theme](#) [Ni-kshay Sampark: 1800-11-6666](#) [Sitemap](#) [HELP](#)



Ministry of Health & Family Welfare

Central Tuberculosis Division
Government Of India
National Tuberculosis Elimination Programme



[Home](#) [About us](#) [Thematic Areas](#) [ACSM / IEC](#) [Performance Reports](#) [Best Practices](#) [FAQs](#) [E-Citizen/Tender](#) [Contact Us](#)



Community Support to TB Patients-Ni-kshay Mitra



No. of TB Patients Reported by State & District (TB Notification)



Directory of STOs & DTOs



ANTI - TB Drugs

Government Order



As the Nation celebrates
Azadi Ka Amrit Mahotsav

Let us
SING THE
NATIONAL ANTHEM

Participate Now



News & Highlights

- ➔ National TB Prevalence Survey in India 2019 - 2021
(Release Date :25/03/2022) **NEW** [PDF] [14957 KB]
- ➔ India TB Report 2022
(Release Date :24/03/2022) **NEW**
- ➔ Corporate TB Pledge
(Release Date :21/02/2022) **NEW**
- ➔ Guidance Document on Community Engagement under National Tuberculosis Elimination Programme
(Release Date :16/11/2021) **NEW** [PDF] [15383 KB]



SCREENSHOTS OF PORTAL



communitysupport.nikshay.in

The screenshot shows the top banner of the Nikshay portal. It features a light blue background with a large portrait of Prime Minister Narendra Modi on the right, wearing an orange vest. On the left, there are several logos: the Government of India emblem, the Ministry of Health & Family Welfare logo, the TB Mukta Bharat logo, and the National Tuberculosis Elimination Programme logo. The text 'TB HAREGA DESH JEETEGA' is prominently displayed in bold black letters. Below it, a blue button reads 'Pradhan Mantri TB Mukta Bharat Abhiyaan'. On the right, the '75 Azadi Ka Amrit Mahotsav' logo is visible. At the bottom, there are logos for 'nikshay 2.0' and 'Digital India Power To Empower'. A decorative wave of the Indian tricolor (saffron, white, and green) runs across the bottom of the banner.

Ministry of Health & Family Welfare
Government of India

टीबी मुक्त भारत अभियान

NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME

75
Azadi Ka
Amrit Mahotsav

**TB HAREGA
DESH JEETEGA**

Pradhan Mantri TB Mukta Bharat Abhiyaan

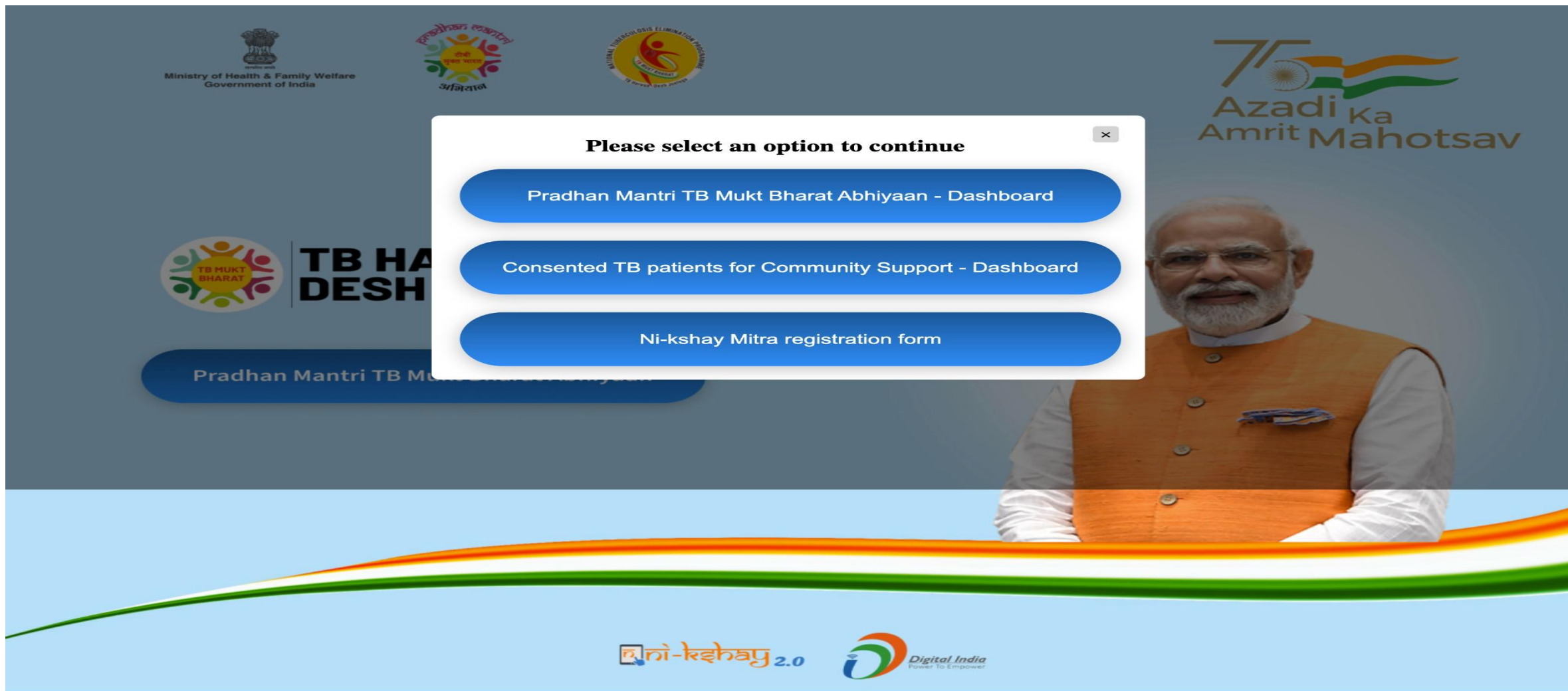
nikshay 2.0

Digital India
Power To Empower



SCREENSHOTS OF PORTAL

communitysupport.nikshay.in





SCREENSHOTS OF PORTAL

communitysupport.nikshay.in

Home

Directory

Report

Community Support to TB patients - Ni-kshay Mitra

Ni-kshay

Ni-kshay dashboard

TPT Reports

Ni-kshay Reports

Login

Ni-kshay Mitra Registration

Go Back

Basic Details of Ni-kshay Mitra

Name of Ni-kshay Mitra

abc

*

Type of Ni-kshay Mitra

*

Mobile Number

+91 () -

*

Email ID

@

*

Address

Select State and District



Distribution of Nutrition kits at AB-HWC- Steps for entry in Portal



Access to module - Linkages and reports

Access to module - Linkages and reports (NTEP login)

Community Support to TB patients - Ni-kshay Mitra

- Consented TB patients for Community support - Dashboard
- Community Support to TB patients - Ni-kshay Mitra Dashboard
- Ni-kshay Mitra Registration - Form
- Ni-kshay Mitra Registration - Report
- Ni-kshay Mitra Support Linkage - Form
- Ni-kshay Mitra Support Linkage - Report
- Ni-kshay Mitra Support Follow-up Confirmation - Form
- Ni-kshay Mitra Support Follow-up Confirmation - Report
- Physical Consent from TB Patients - Form
- PNTBMSA Monitoring - Report

Ni-kshay Mitra Support Follow-up Confirmation- Form

Ni-kshay Reports

Ni-kshay Mitra Support Follow-up Confirmation

Validate Ni-kshay Mitra ID

Reporting Period

Year of reporting Month of reporting

Ni-kshay Poshan Kits Delivery

Ni-kshay ID	Ni-kshay ID
+ Add Another	+ Add Another

Submit



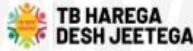
Ni-kshay Mitra Certificates



**Ministry of Health and Family Welfare,
Government of India**

Acknowledges that Mr. / Ms / Dr / M/s MANSUKH MANDAVIYA
with an id 128130719 has registered as a Ni-Kshay Mitra under the '**Pradhan Mantri TB Mukh Bharat Abhiyaan**' to provide support to Persons with TB undergoing treatment.
Your valuable support will help the country in eliminating TB from India.

  
Deputy Director General-TB

**Ministry of Health and Family Welfare,
Government of India**

Acknowledges that Mr. / Ms / Dr / M/s Dr Bharati Pravin Pawar
with an id 410083666 has registered as a Ni-Kshay Mitra under the '**Pradhan Mantri TB Mukh Bharat Abhiyaan**' to provide support to Persons with TB undergoing treatment.
Your valuable support will help the country in eliminating TB from India.

  
Deputy Director General-TB

Hon'ble Governor adopted TB Patients

राज्यपाल ने निक्षय मित्र बनकर टिककर ब्लॉक को लिया गोद

शिमला (अप्रसं)। हिमाचल प्रदेश



को वर्ष 2023 तक क्षय रोग मुक्त राज्य बनाने की दिशा में राज्यपाल राजेंद्र विश्वनाथ आर्लेकर ने स्वयं आगे

आकर सकारात्मक पहल की है। उन्होंने प्रधानमंत्री टीबी मुक्त भारत अभियान के अन्तर्गत निःक्षय मित्र बनकर रोगियों को गोद लेने की पहल की है।

राज्यपाल ने शिमला जिले के रोहडू उपमण्डल के तहत टिकर ब्लॉक को गोद लिया है। इस ब्लॉक के तहत करीब 49 क्षय रोगियों की देखभाल का जिम्मा अब राज्यपाल ने लिया है। उन्होंने प्रदेशवासियों से अपील की है कि वे इस अभियान का हिस्सा बनने के लिए आगे आएँ और निःक्षय मित्र बनकर रोगियों को गोद लेकर प्रदेश को टीबी मुक्त बनाने में सहयोग करें।







अपील

राजेंद्र विश्वनाथ आर्लेकर

प्रिय प्रदेशवासियों,

हिमाचल प्रदेश टी.बी. रोग उन्मूलन की दिशा में राष्ट्रीय स्तर पर अग्रणी राज्य के रूप में उत्कृष्टता की ओर प्रशस्त है। टी.बी. रोग का नियंत्रण व उन्मूलन मात्र किसी एक विभाग अथवा संस्था विशेष का दायित्व नहीं है, बल्कि यह समस्त जैनमानस का समूची मानवता के प्रति कर्तव्य है।

यद्यपि स्वास्थ्य विभाग समुदाय में टी.बी. रोगियों की जल्द पहचान कर नैदानिक व उपचारालम्बक पद्धति से संक्रमण नियंत्रण में बेहतरीन कार्य कर रहा है और टी.बी. रोगियों को आधुनिक व कीमती दवाएँ निःशुल्क उपलब्ध करवा रहा है। प्रायः यह देखने में आया है कि टी.बी. रोगी कुपोषित होते हैं व उन्हें दवा असर नहीं कर पाती है और अधिकांश रोगी दवा का सेवन पूर्ण नहीं करते हैं, जिसकी वजह से टी.बी. रोग गंभीर रूप धारण कर लेता है। यह स्थिति रोगी व समुदाय के लिए अति घातक सिद्ध होती है।

इस विकट स्थिति को सुगम बनाने व प्रदेश को टी.बी. मुक्त राज्य बनाने के लिए मैं आप समस्त प्रदेशवासियों से अपील करना चाहता हूँ कि आप निःक्षय मित्र बन कर अपने क्षेत्र में टी.बी. रोगियों को अपनाते हुए (Adopt) स्वेच्छिक सामुदायिक सहायता जैसे पोषण, परामर्श, निदान व उपचार में रोगियों के हृदय बन परोपकार कमाएँ। निःक्षय मित्र सहकारी समितियाँ, कोपरेट, निर्वाचित प्रतिनिधि, गैर सरकारी संगठन व आम आदमी हो सकते हैं।

“निःक्षय मित्र” बनने के लिए

- <https://communitysupport.nikshay.in> पर लॉग-इन करें।
- “प्रधानमंत्री टी.बी. मुक्त भारत अभियान” पर क्लिक करें।
- Nikshay Mitra Registration Form पर रजिस्ट्रेशन करें।
- अपनी सुविधा अनुसार निःक्षय सहायता के लिए टी.बी. रोगियों का चयन करें।
- टी.बी. रोगियों को मासिक पोषण किट देकर और जाँच व रोजगार से जुड़ी मदद करके योगदान दें।

टी.बी. रोग का ईलाज पूर्णतः संभव है। आईये! हम सब मिल कर समाज, प्रदेश व देश को टी.बी. मुक्त बनाने में सहयोग दें।

“टी.बी. हारेगा – प्रदेश जीतेगा – देश जीतेगा”



अधिक जानकारी के लिए टोल-फ्री नं.

104 या 0177-2625782

पर संपर्क करें

राज्यपाल
हिमाचल प्रदेश



Involvement of serving officers/staff of State Government



राजेश भूषण, आईएएस
सचिव
RAJESH BHUSHAN, IAS
SECRETARY



75
Azadi Ka
Amrit Mahotsav

भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare
D.O. No. Z-28015/108/2022-TB
3rd October, 2022

Dear Chief Secretary,

As you are aware, National Tuberculosis Elimination Programme is being implemented throughout the Country under National Health Mission (NHM) by Ministry of Health & Family Welfare, Government of India. For effective engagement of community in the path towards ending TB, the Ministry is implementing 'Pradhan Mantri TB Mukta Bharat Abhiyaan (PMTBMBA)'.

2. In order to facilitate effective implementation of PMTBMBA, Ni-kshay 2.0, an exclusive web portal for registration of Ni-kshay Mitra (donors), has been developed. Ni-kshay Mitra for this program can include individuals, co-operative societies, corporates, elected representatives, institutions, non-governmental organizations, political parties and partners who can support by adopting consented TB patients in the peripheral health facilities/blocks/urban wards/districts/states.

3. Under this initiative, nutritional support, diagnostic support and vocational support can be provided from 6 months to 3 years to all consented TB patients by Ni-kshay Mitra.

4. You are requested to involve all serving officers at the State/UT Government and the Officers/Staff Associations to come forward and become Ni-kshay Mitra. The interested officials/organizations can register themselves as Ni-kshay Mitra by visiting www.communitysupport.nikshay.in. Necessary support would be provided to all willing officers to register, by the State TB Officer & District TB Officers.

5. We look forward for your active support in achieving 'End TB' Goal by 2025 by involving all officers of the State Govt in this national effort.

Warm Regards,

Yours sincerely,

(Rajesh Bhushan)

Chief Secretary/Administrator of all States/UTs

- DO Letter has been sent to Chief Secretaries & Administrators of all States/UTs
- To involve all willing serving officers at the State Government and the officers/staff associations to come forward and become Ni-Kshay Mitras



DOs on PM-TBMBA



Subhasish Panda, IAS
Principal Secretary to Chief Minister
(H&FW, ST&E, I&PR)



Ellerslie Building,
Shimla-171002
E-mail: healthsecy-hp@nic.in,
iprsecy-hp@nic.in,
etsecy-hp@nic.in,
prsecy-cm-hp@nic.in

DO No. NHMHP-RNTC030/2015)
Dated: Shimla, 22 Sept, 2022

DO No. NHMHP-RNTC030/2015)
Dated: Shimla, 23 Sept, 2022

Endst No. As Above, Dated: Shimla-9, the

Copy to:-

1. The Principal Secretary (RD&PR) to the Government of Himachal Pradesh for information please.
2. The Secretary to the Hon'ble Governor for information please.
3. The Mission Director, NHM for information and necessary action please.
4. The Director Health Services, Himachal Pradesh for information please.
5. All Chief Medical Officers, Himachal Pradesh for necessary action please.

Principal Secretary (Health) to the
Government of Himachal Pradesh

DO from
Principal
Secretary
Health to
Deputy
Commissioners

Dear Pankaj,

As you are aware that Government of India is committed to elimination of Tuberculosis by 2025 in the country. The Government of Himachal has further committed to eliminate TB from the State before the national target that is by 2024. The patient-centric National Strategic Plan, launched in 2017, saw the introduction of several novel strategies that have transformed our TB elimination response including wide-scale engagement with the private health care sector, expansion of molecular diagnostic tests, and introduction of daily regimen and newer child-friendly therapies, among other key programmatic improvements. These measures have also been accompanied by a commensurate increase in resources signaling a paradigm shift in the prioritization of the disease's elimination.

The Hon'ble President of India has launched the Pradhan Mantri TB Mukh Bharat Abhiyan (PMTBMBA) on September 9, 2022 to enhance community support in the fight against TB. Hon'ble Governor Himachal Pradesh is leading this Abhiyan in the State. The following actions are required at your end with immediate effect:-

- (i) Periodic meetings with Industries, Corporates, NGOs, Civil Society Organizations in the district and encouraging them to become Ni-KshayMitra and adopting TB patients.
- (ii) Media briefing and interview on TV, Radio, articles in print & electronic media.
- (iii) Sensitizing elected representatives (MPs/MLAs, Urban Local Bodies and Panchayat Raj Institutions) on the PMTBMBBA initiative to catalyze the progressive uptake of identification of Ni-KshayMitras.
- (iv) Identify local NGOs (wherever required) who can take donation from the Ni-KshayMitra and provide Patient support in the form of supplementary nutrition as agreed between the Ni-KshayMitra and the District Administration.

I request you to take immediate necessary action and review the progress under the Abhiyan in your district on daily basis up to 2nd October 2022. Brief presentation on Pradhan Mantri TB Mukh Bharat Abhiyan is enclosed herewith.

Looking forward to your pro-active involvement in the effort to eradicate TB from the State at the earliest possible.

With best wishes,

Yours sincerely,

(Subhasish Panda)

Shri Pankaj Rai, IAS
Deputy Commissioner,
Bilaspur, District Bilaspur, HP

As you are aware that Government of India is committed to elimination of Tuberculosis by 2025 in the country. The Government of Himachal has further committed to eliminate TB from the State before the national target that is by 2024. The patient-centric National Strategic Plan, launched in 2017, saw the introduction of several novel strategies that have transformed our TB elimination response including wide-scale engagement with the private health care sector, expansion of molecular diagnostic tests, and introduction of daily regimen and newer child-friendly therapies, among other key programmatic improvements. These measures have also been accompanied by a commensurate increase in resources signaling a paradigm shift in the prioritization of the disease's elimination.

The Hon'ble President of India has launched the Pradhan Mantri TB Mukh Bharat Abhiyan (PMTBMBA) on September 9, 2022 to enhance community support in the fight against TB. Hon'ble Governor Himachal Pradesh is leading this Abhiyan in the State. The following actions are required at your end with immediate effect:-

- (i) Periodic meetings with Industries, Corporates, NGOs, Civil Society Organizations in the district and encouraging them to become Ni-KshayMitra and adopting TB patients.
- (ii) Media briefing and interview on TV, Radio, articles in print & electronic media.
- (iii) Sensitizing elected representatives (MPs/MLAs, Urban Local Bodies and Panchayat Raj Institutions) on the PMTBMBBA initiative to catalyze the progressive uptake of identification of Ni-KshayMitras.
- (iv) Identify local NGOs (wherever required) who can take donation from the Ni-KshayMitra and provide Patient support in the form of supplementary nutrition as agreed between the Ni-KshayMitra and the District Administration.

I request you to take immediate necessary action and review the progress under the Abhiyan in your district on daily basis up to 2nd October 2022. Brief presentation on Pradhan Mantri TB Mukh Bharat Abhiyan is enclosed herewith.

Looking forward to your pro-active involvement in the effort to eradicate TB from the State at the earliest possible.

Yours sincerely,

(Subhasish Panda)

Il the Deputy Commissioners in
machal Pradesh



Team placed at MO & DEO in Governor's office



रोली सिंह, भा.प्र.से.

Roli Singh, I.A.S.

अपर सचिव एवं मिशन निदेशक (रा.स्वा.मि.)

Additional Secretary & Mission Director (NHM)



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
निर्माण भवन, नई दिल्ली - 110011
Government of India
Ministry of Health & Family Welfare
Nirman Bhavan, New Delhi - 110011

D.O. No. Z-28015/118/2022-TB

Date: 5th July, 2022

Subject: Request for additional functional arrangement in the Hon'ble Governor's / Lieutenant Governor's Office

Dear Colleague,

As you are aware, the Government of India has set a target for elimination of Tuberculosis (TB) by 2025. The National Strategic Plan (2017-25) to END TB in India set into motion an unprecedented and ambitious attempt to enhance the coverage, quality, equity, efficiency and effectiveness of the National Tuberculosis Elimination Programme (NTEP).

As part of its TB elimination strategies, Ministry of Health and Family Welfare is in process of initiating the "Pradhan Mantri TB Mukta Bharat Abhiyan" with the objective to provide additional patient support to improve treatment outcomes of TB Patients.

The intervention and support of Hon'ble Governor / Lieutenant Governor of the State can play an important role in expediting disease prevention efforts and promoting public health outcomes. In this regard, it is decided to provide additional functional HR in the office of Hon'ble Governor / Lieutenant Governor, consisting of a doctor and a support staff (Data Entry Operator) to assist in monitoring of TB elimination efforts.

I would like to emphasize that these personnel would assist Hon'ble Governor's/ Lieutenant Governor's office in close consultation with State TB Officer for effective planning, implementation and monitoring of NTEP activities specifically Pradhan Mantri TB Mukta Bharat Abhiyaan.

It is hereby requested to provide the aforesaid staff in Hon'ble Governor's / Lieutenant Governor's Office from the existing HR available under NHM in a **week's time**. The detailed roles and responsibilities of each position is placed in **Annexure -I**.

I look forward for your continuous support in making this Pradhan Mantri TB Mukta Bharat Abhiyan successful.

With Regards,

Yours Sincerely,
Roli Singh
(Roli Singh)

Additional Chief Secretary (Health)/ Principal Secretary (Health) - All States/UTs

स्वच्छ भारत - स्वस्थ भारत

Ms. Anita Chauhan

Data Entry Operator

Email:- ac9847850@gmail.com

Mob:- 8091751967



Role Medical Officers and DEOs placed at Governors Office



- **Monthly review meetings with the State TB officers (STOs) at Hon'ble Governor office**
 - Ni-kshay Mitras registered for adopting TB patients & Ni-kshay Mitras agreed upon after confirmation by District TB Officer (DTO)
 - Number of TB patients likely to be supported by Ni-kshay Mitras & TB patients linked to Nikshay Mitras
 - Gap between TB patients on treatment & TB patients consented to receive nutritional support to be brought down on priority basis
- **Community Engagement:**
 - Hon'ble Governor to felicitate Ni-kshay Mitras
- **Utilizing public engagements** of Hon'ble Governor with NGO's, Universities/colleges, and other institutions, etc to create awareness regarding elimination of TB by 2025
- **Social Media & Event Updates:** Regular posts and tweets on PMTBMBA initiatives on various social media platforms (print media & online media) & other events from the Governor's office handle-showcase achievements of Governors office –share with CTD regularly



Potential Nikshay Mitra in Himachal Pradesh



- Corporates and PSUs
- Industries (and or their associations)
- NGOs
- CSOs
- Religious organizations/trusts
- Local vyapaar mandals
- Chemist associations
- Individual philanthropists
- Political leaders
- PRI representatives (PRI Members)
- Government officers: all departments
- Lions Club
- Rotary Club

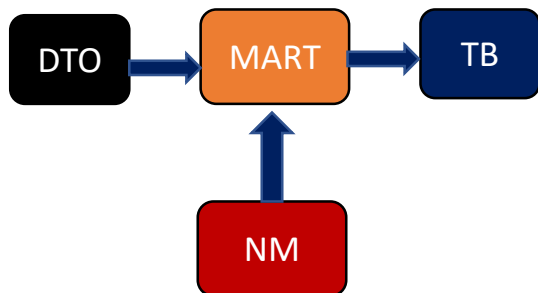


Various Models : Distribution of food baskets



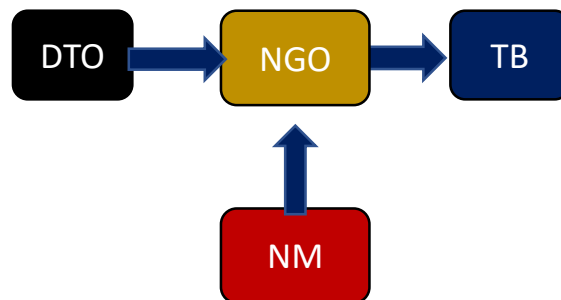
Model 1

In this model, District TB Officer-DTO will provide the list of consented TB Patients to identified Mart. Mart will provide prescribed nutritional kit to the patients. NIKSHAY Mitra (Donor) will pay to identified Mart.



Model 2

In this model, DTO will provide the list of consented TB Patients to identified agency/third party (NGO,CSO,etc). Agency will procure and deliver prescribed nutritional kit to the patients. NIKSHAY Mitra (Donor) will provide monetary support to the agency



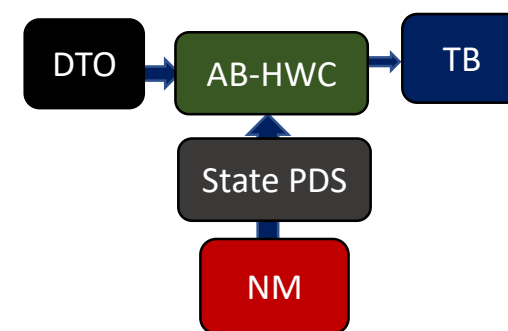
Model 3

In this model, DTO will engage the NIKSHAY Mitra and provide them with the list of TB patients. NIKSHAY Mitra (Donor) will directly provide the kit to the patients.



Model 4

In this model, the State/District team coordinate with PDS system to deliver the food baskets to concerned PHCs, ABHWCs. The food basket can be distributed directly to patients



Hon'ble Governor Distributing Food Kit To TB Patients



Food Basket Distributed to TB Patients at Sangla,
Kinnaur_Dated 17-09-2022



Food Basket Distributed to TB Patients at Baddi,
Solan_Dated 26-09-2022



Hon'ble Governor Distributing Food Kit To TB Patients



Food Basket Distributed to TB Patients at
Bilaspur_Dated 27-09-2022



Food Basket Distributed to TB Patients at
Hamirpur_Dated 27-09-2022

Hon'ble Governor distributing food kit to TB patients at Distt Kangra on 19 November 2022





Hon'ble Governor Distributing Food Kit To TB Patients



Food Basket Distributed to TB Patients at Una



Food Basket Distributed to TB Patients at Kangra

Hon'ble Governor Distributing Food Kit To TB Patients



Food Basket Distributed to TB Patients at
Chamba



Food Basket Distributed to TB Patients at
Bilaspur

Community Become a Nikshay Mitra under PMTB MBA



Hon'ble Governor reviewed the NTEP progress



NTEP Reviewed by Hon'ble Governor in Raj Bhavan, Shimla



NTEP Reviewed by Hon'ble Governor in Parimahal, Shimla



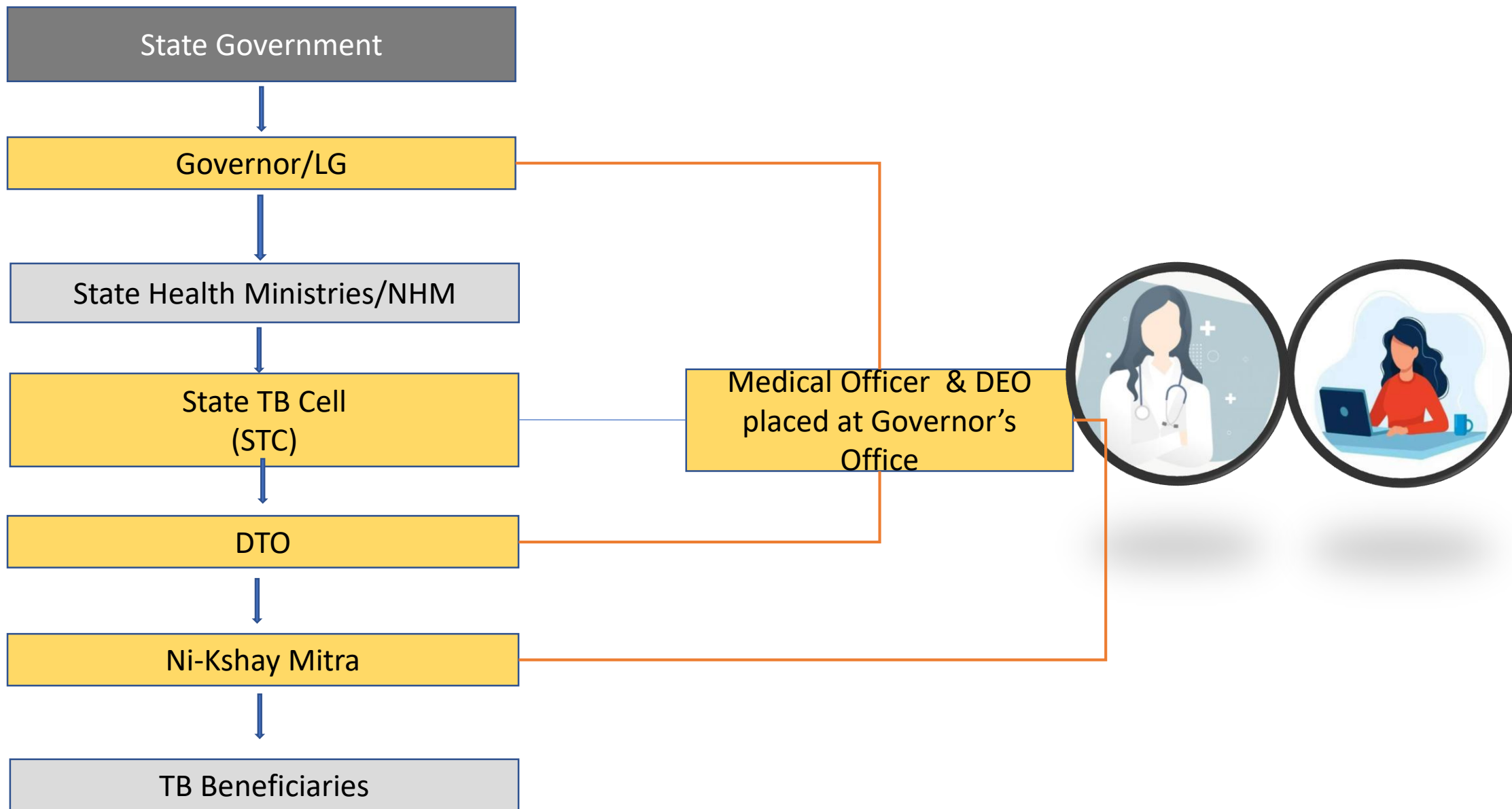
Strategies for effective implementation of PMTBMBA in Himachal Pradesh



Sr. No.	Activity	Responsibility
1	Identification and mapping of Nikshay Mitra in each Block	Block Medical Officer
2	Updation of Nikshay Mitra in the Nikshay portal 2.0	Self by NM/NTEP staff/BMO
3	Verification of Nikshay Mitra	DTO
4	Consent taking and updation in Nikshay at the time of treatment initiation	Staff initiating treatment/MO-PHI
5	Ni-kshay Mitra Support Linkage	DTO
6	Contacting Nikshay Mitra and sharing details of patients for providing Nutritional support to the patient	PHI-MO and BMO
7	Ni-kshay Mitra Support Follow-up Confirmation in the portal	PHI-MO
8	Monitoring of PMTBMBA	BMO, DTO and STO



REPORTING STRUCTURE IN THE STATE/UTs





Monitoring format (2 Reports) From STOs to Hon'ble Governor



A. TEMPLATE FOR COMMUNITY SUPPORT TO TB PATIENTS

Name of State:

Date:

(Source: Ni-kshay 2.0)

Periodicity: **Daily**

#	District	Number Ni-kshay Mitra agreed to Support	TB patients on Treatment	TB patients consented to receive Community Support	TB patients declined to receive community support	TB Patients consent pending (6)	TB patients supported by Ni-kshay Mitra
	(1)	(2)	(3)	(4)	(5)		(7)
1.	District						
	Total						

B. TEMPLATE FOR REVIEW OF TB PROGRAMME

Source: Ni-kshay 2.0

Periodicity: **Monthly**

S No	District	Notification of TB cases		Number of Patients initiated on Treatment (3)	% of Eligible beneficiaries paid under Ni-kshay Poshan Yojana (4)	% of TB notified patients with Universal Drug Susceptibility Testing (UDST) done (5)	Treatment Success Rate (6)
		Target (1)	Notification (2)				
1	District						
	TOTAL						

एक समय था, जब, टी.बी. का पता चलने के बाद परिवार के लोग ही दूर हो जाते थे, लेकिन ये आज का समय है, जब टी.बी. के मरीज को परिवार का सदस्य बनाकर उनकी मदद की जा रही है। इस क्षय रोग को जड़ से समाप्त करने के लिए, निक्षय मित्रों ने, मोर्चा संभाल लिया है। देश में बहुत बड़ी संख्या में विभिन्न सामाजिक संस्थाएं निक्षय मित्र बनी हैं।

MANN KI BAAT



एक समय था, जब, टी.बी. का पता चलने के बाद परिवार के लोग ही दूर हो जाते थे, लेकिन ये आज का समय है, जब टी.बी. के मरीज को परिवार का सदस्य बनाकर उनकी मदद की जा रही है। इस क्षय रोग को जड़ से समाप्त करने के लिए, निक्षय मित्रों ने, मोर्चा संभाल लिया है। देश में बहुत बड़ी संख्या में विभिन्न सामाजिक संस्थाएं निक्षय मित्र बनी हैं।

102nd Episode - 18 June 2023

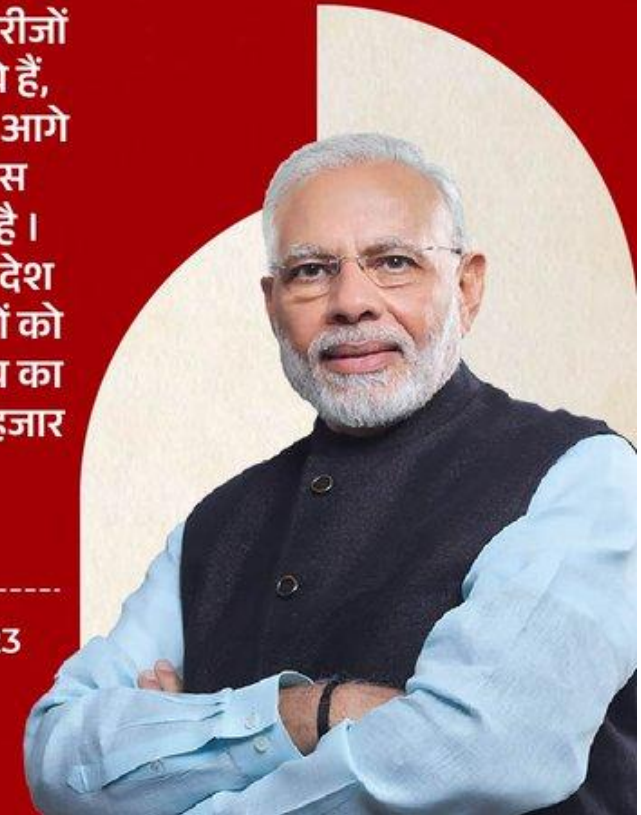


गाँव-देहात में, पंचायतों में, हजारों लोगों ने खुद आगे आकर टी.बी. मरीजों को गोद लिया है। कितने ही बच्चे हैं, जो, टीबी मरीजों की मदद के लिए आगे आए हैं। ये जन-भागीदारी ही इस अभियान की सबसे बड़ी ताकत है। इसी भागीदारी की वजह से आज देश में 10 लाख से ज्यादा टी.बी. मरीजों को गोद लिया जा चुका है और ये पुण्य का काम किया है, करीब-करीब 85 हजार निक्षय मित्रों ने।

MANN KI BAAT

गाँव-देहात में, पंचायतों में, हजारों लोगों ने खुद आगे आकर टी.बी. मरीजों को गोद लिया है। कितने ही बच्चे हैं, जो, टीबी मरीजों की मदद के लिए आगे आए हैं। ये जन-भागीदारी ही इस अभियान की सबसे बड़ी ताकत है। इसी भागीदारी की वजह से आज देश में 10 लाख से ज्यादा टी.बी. मरीजों को गोद लिया जा चुका है और ये पुण्य का काम किया है, करीब-करीब 85 हजार निक्षय मित्रों ने।

102nd Episode - 18 June 2023



नैनीताल के एक गांव के निक्षय मित्र श्रीमान दीकर सिंह मेवाड़ी जी ने टी.बी.के छह मरीजों को गोद लिया है। ऐसे ही किन्नौर की एक ग्राम पंचायत के प्रधान निक्षय मित्र श्रीमान ज्ञान सिंह जी भी अपने ब्लॉक में टी.बी. मरीजों को हर जरूरी सहायता उपलब्ध कराने में जुटे हैं।

MANN KI BAAT



वत्सैनैताल के एक गांव के निक्षय मित्र श्रीमान दीकर सिंह मेवाड़ी जी ने टी.बी.के छह मरीजों को गोद लिया है। ऐसे ही किन्नौर की एक ग्राम पंचायत के प्रधान निक्षय मित्र श्रीमान ज्ञान सिंह जी भी अपने ब्लॉक में टी.बी. मरीजों को हर जरूरी सहायता उपलब्ध कराने में जुटे हैं।

102nd Episode - 18 June 2023



भारत को टी.बी. मुक्त बनाने की मुहिम में हमारे बच्चे और युवा साथी भी पीछे नहीं हैं। हिमाचल प्रदेश के ऊना की 7 साल की बेटी नलिनी सिंह का कमाल देखिए। बिटिया नलिनी, अपनी Pocket money से, टी.बी. मरीजों की मदद कर रही है।

MAAN KI BAAT



भारत को टी.बी. मुक्त बनाने की मुहिम में हमारे बच्चे और युवा साथी भी पीछे नहीं हैं। हिमाचल प्रदेश के ऊना की 7 साल की बेटी नलिनी सिंह का कमाल देखिए। बिटिया नलिनी, अपनी Pocket money से, टी.बी. मरीजों की मदद कर रही है।



102nd Episode - 18 June 2023



Ni-kshay Mitra Highlights from Higher Level



Narendra Modi ✓
@narendramodi

Good gesture.



Dr Mansukh Mandaviya ✨ @mansukh... · 21h

Little Hands, Big Impact!

Nalini Singh, a 7-year-old #NikshayMitra from Una, Himachal Pradesh donated her pocket money to support PM TB Mukta Bharat Abhiyan. Kudos to her!

Your little effort can make a big impact on someone's life & strengthen our fight for #TBMuktBharat.



8:55 AM · 26/04/23 · 47.8K Views



Anurag Thakur ✨
@ianuragthakur

आदरणीय प्रधानमंत्री श्री @narendramodi जी ने 2025 तक भारत से टीबी उन्मूलन का आह्वान किया है। अनूठे रूप में टीबी मुक्त भारत अभियान में देशवासियों की हिस्सेदारी के कई उदाहरण आए दिन हमारे सामने आते हैं।

आज प्रधानमंत्री जी ने #ManKiBaat कार्यक्रम में मेरे हमीरपुर संसदीय क्षेत्र के उना की 7 साल की बेटी नलिनी व किन्नौर की एक ग्राम पंचायत के प्रधान निक्षय मित्र श्री ज्ञान सिंह जी के टीबी उन्मूलन प्रयासों को सराहा है, उसके कार्यों को देश के समक्ष रखा है। यह हर हिमाचलवासियों के लिए गर्व की बात है।

बेटी नलिनी व ज्ञान सिंह जी की ये कहानी देशवासियों को टीबी मुक्त भारत अभियान में अपनी भागीदारी देने के लिए प्रेरित करेगी। आप दोनों पर देवभूमि को गर्व है।

Translate Tweet



Central TB Division | #TBMuktBh... · 38m

निक्षय मित्र बनकर भारत को टीबी मुक्त बनाने में अपना योगदान दें।

अधिक जानकारी के लिए कॉल करिए: 1800-11-6666

Visit nikshay.in for more info

@MoHFW_INDIA @mansukhmandviya
@DrBharatippawar @mygovindia @PMOIndia
@AmritMahotsav

#TBMuktBharat #EndTB #NikshayMitra



<https://docs.google.com/document/d/1WLFUeKFP52QsNti8hJ0S4gKnz1koEXhd/edit>



Ni-kshay Mitra Testimonials



You Retweeted



TB Mukta Bharat - ... · Dec 27, 2022

Today nutrition kits distributed to the 35 TB patients of Sangla Health Block By CMO Kinnaur and Nikshya Mitra JSW HEL at Regional Hospital Reckongpeo under PM TB Mukta Bharat Abhiyaan.



4

10



You Retweeted



Dr Rajesh Sood Epid... · Dec 14, 2022

मुख्य चिकित्साधिकारी डॉ गुरदर्शन गुप्ता व जिला क्षय अधिकारी डॉ राजेश सूद की उपस्थिति में निःक्षय मित्र डॉ संदीप महाजन, डॉ बीके पाहवा, डॉ वीके महाजन, डॉ रवि गर्ग, कृष्णा औल, डॉ संगीत वर्मा, अक्षय प्लस प्रोजेक्ट के प्रवीण चौहान, राजीव मल्होत्रा ने टीबी मरीजों को पोषण फूड बास्केट दी



7

9



TB Mukta Bharat ... @ · Dec 13, 2022

All staff of Hon'ble Governor sensitized on PM-TBMA by L.R Sharma, State IEC Officer in the presence of Hon'ble Governor and encourage to register as Ni-kshya Mitra. The staff of Secretariat of Raj Bhavan adopted TB patients of one block of Shimla district.



1

11

18





Padma Shri, Khel Ratna Arjuna Awardee Dr. (h.c) Deepa Malik becomes Ni-Kshay Mitra and national ambassador for TB Mukh Bharat Campaign

Pvsindhu
@Pvsindhu1

No woman/girl affected by #TB should be stigmatised or suffer in silence. Become a Ni-Kshay Mitra & help provide monthly nutrition kits, diagnostic help & vocational support to #TB patients. bit.ly/3USYUWD
@TbDivision_PIB_India @mygovindia @MoHFW_India @mansukhmandviya

"No woman or girl affected by TB should suffer in silence. Let's be her voice, let's be her mitra. Become a Ni-Kshay Mitra today and give her the willpower to fight the disease."

P.V. Sindhu
Badminton Player
Two-time Olympic Medalist

Visit:
<https://communitysupport.nikshay.in>

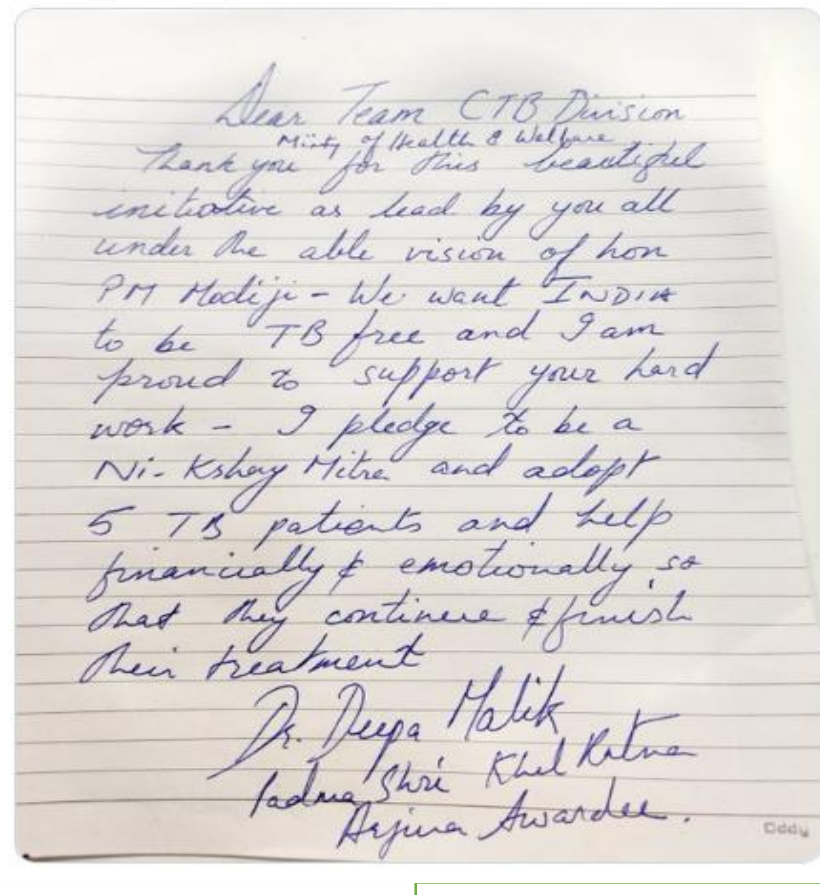
Your contribution towards the Ni-Kshay Mitra Initiative will help provide monthly nutrition kits, diagnostic help, and vocational support to people suffering from TB. For more information you can also contact your local District TB officer.



Padma Shri, Khel Ratna , Arjuna Awardee Dr Deepa Malik becomes Ni-kshay Mitra & national ambassador for TB Mukh Bharat Campaign

Padma Shri, Khel Ratna Arjuna Awardee Dr. (h.c) Deepa Malik becomes Ni-Kshay Mitra and national ambassador for TB Mukh Bharat Campaign

Visited Health Pavilion at #IITF2022 , interacted with TB survivors, and urged all to become Ni-Kshay Mitras to support TB patients



हिमाचल दस्तक

टीबी उन्मूलन में पंचायतें निभाएं भूमिका : राज्यपाल

बोले- क्षय रोग पर विजय पाने में सरकार के साथ सामाजिक सहभागिता भी जरूरी

वर्तमान संस्करण में पंचायतें निभाएं भूमिका : राज्यपाल

टीबी उन्मूलन को तेज से आगे बढ़ाने के लिए सरकार के साथ सामाजिक सहभागिता भी जरूरी है। राज्यपाल ने कहा कि पंचायतें निभाएं भूमिका और क्षय रोग पर विजय पाने में सरकार के साथ सामाजिक सहभागिता भी जरूरी है।

टीबी उन्मूलन को तेज से आगे बढ़ाने के लिए सरकार के साथ सामाजिक सहभागिता भी जरूरी है। राज्यपाल ने कहा कि पंचायतें निभाएं भूमिका और क्षय रोग पर विजय पाने में सरकार के साथ सामाजिक सहभागिता भी जरूरी है।

टीबी मुक्त भारत-घाज़िपुर (U P) @ntep_ghazipur · 11h

हर महीने की 15 तारीख को सभी अस्पताल मनाएं टीबी दिवस : योगी

सोपम बोले, टीबी रोगियों की पहचान के साथ करें अच्छा उपचार

असिस्टेंट प्रोफेसर डॉ. योगी ने कहा कि हर महीने की 15 तारीख को सभी अस्पताल टीबी दिवस मनाएं। इस दिन टीबी रोगियों की पहचान की जाएगी और उन्हें सही उपचार दिया जाएगा।

टीबी मुक्त भारत अभियान के तहत हर महीने की 15 तारीख को टीबी दिवस मनाया जाएगा। इस दिन टीबी रोगियों की पहचान की जाएगी और उन्हें सही उपचार दिया जाएगा।

अपना प्रदेश जागरण

नेताजी के समाज में मजबूत करने हुए : चलते रहेंगे : अखिल

असिस्टेंट प्रोफेसर डॉ. योगी ने कहा कि हर महीने की 15 तारीख को सभी अस्पताल टीबी दिवस मनाएं। इस दिन टीबी रोगियों की पहचान की जाएगी और उन्हें सही उपचार दिया जाएगा।

टीबी मुक्त भारत अभियान के तहत हर महीने की 15 तारीख को टीबी दिवस मनाया जाएगा। इस दिन टीबी रोगियों की पहचान की जाएगी और उन्हें सही उपचार दिया जाएगा।

Date: 26th Nov, 2022

Recommendations for Monthly Food Basket



Cereals & Millets (3 Kg)



Pulses (1.5 kgs)



Vegetable Oil
(250 ml)



Ground nuts or Milk
Powder (1 Kg) / Milk (6 lit)

Micronutrients (Additional Food)



Vegetable & Fruits



Vit B



Minerals

Option for
Non-Veg



Eggs (30 nos)

*Source: NIN, Hyderabad

Back



Thank You.!!



हिमालय सा इरादा, टीबी मुक्त पंचायत का वादा