



No. NHMHP-MTH0CAC/1/2019-MH-Section- 1886
National Health Mission
Directorate of Health & Family Welfare
Himachal Pradesh

To,

All the Chief Medical Officers,
Himachal Pradesh

The Medical Superintendents,
RH Bilaspur/ RH Chamba/ RH Hamirpur/
ZH Dharamshala/ RH Kullu/ ZH Mandi/
ZH Shimla/ RH Nahan/ RH Solan/ RH Una/
CH Rohru/ MGMSC Khaneri, Shimla/
CH Palampur, Kangra/ CH Nurpur, Kangra

The Medical Superintendent,
KNH/IGMC, Shimla / Dr. YS Parmar Med. College, Nahan/
Dr.RPGMC, Tanda/RGRAH, Paprola, Kangra
Pt. Jawahar Lal Nehru Govt.Med. College, Chamba/
Sh. Lal Bahadur Shastri Govt. Med. College, Mandi/
Dr. Radha Krishanan Govt. Medical College, Hamirpur

Dated Shimla-9, the



Subject: Regarding protocols for Medical Methods of Abortion.

Madam/Sir,

Medical Methods of Abortion (MMA) is a non-surgical, non-invasive method for termination of pregnancy by using a drug or a combination of drugs. It provides women with another option for termination of pregnancy, and should be offered in addition to other safe abortion methods whenever possible.

The MTP Rules, 2003, require that an RMP should have one or more of the following experience or training in gynecology and obstetrics:

1. Post-graduate degree or diploma in Obstetrics and Gynecology.
2. Completed six months as House Surgeon in Obstetrics and Gynecology.
3. At least one year experience in the practice of Obstetrics and Gynecology at any hospital that has all facilities.
4. Assisted an RMP in 25 cases of medical termination of pregnancy of which at least five have been performed independently in a hospital established or maintained by the government or a training institute approved for this purpose by the government.

Eligibility of the Place: In accordance with the MTP Act, no termination of pregnancy shall be made at any place other than –

- a. A hospital established or maintained by Government, or
- b. A place for the time being approved for the purpose of this Act by Government or a District Level Committee (DLC) constituted by the Government, with the Chief Medical Officer or District Health Officer as the Chairperson of the said Committee.

Mandatory Documentation Requirement:

Since MMA comes under the purview of MTP Act, the documentation is similar to that required for vacuum aspiration procedure. It is mandatory to fill and record information for abortion cases performed by MMA in the following forms:

1. Form C – Consent Form
2. Form I – RMP Opinion Form
3. Form II – Monthly Reporting Form (to be sent to the district authorities)
4. Form III – Admission Register for case records

Before conducting any Medical Methods of Abortion (MMA) procedure, it is mandatory to complete the prescribed forms in accordance with the MTP Act and guidelines provided in the Handbook on Medical Methods of Abortion at Annexure -3 (Copy attached for ready reference). Under no circumstances, an MTP procedure shall be performed without completing these forms. Failure to do so will be considered a violation of legal provisions, and the practitioner will not be authorized to conduct the MTP.

"As per the guidelines laid down by the Hon'ble Supreme Court of India, it is mandatory to adhere to the prescribed protocols for Medical Methods of Abortion (MMA). In this regard, the completion of all requisite forms prior to undertaking any Medical Termination of Pregnancy (MTP) is compulsory. No healthcare practitioner is authorized to perform an MTP procedure without duly filling and maintaining these prescribed forms, in accordance with the legal and regulatory framework."

It is hence forth requested that the guidelines should be followed in it's true letter and spirit while giving CAC services in the field.

Yours Sincerely,



Signed by Mission Director
Pradeep Kumar Thakur
National Health Mission
Himachal Pradesh
Date: 05-07-2025 16:25:18

Dated Shimla-9, the

Endst No. As above
Copy to:

1. The Secretary (Health) to the Government of Himachal Pradesh for information please.

2. The Director Health Services, Himachal Pradesh for information please.
3. The Director Medical Education & Research, Himachal Pradesh for information please.
4. All the Deputy Commissioners, Himachal Pradesh for information please.
5. The Principal, IGMC, Shimla/ Dr.RPGMC Tanda, Kangra/RGRAH, Paprola, Kangra/ Dr. Y.S.Parmar Medical College, Nahan/ Pt. Jawahar Lal Nehru Govt. Medical College, Chamba/ Sh. Lal Bahadur Shastri Govt. Medical College, Mandi/ Dr. RKGMC, Hamirpur for information please.
6. The Consultant (HMIS), NHM with the direction to upload the guidelines on NHM website.



**Mission Director
National Health Mission
Himachal Pradesh**