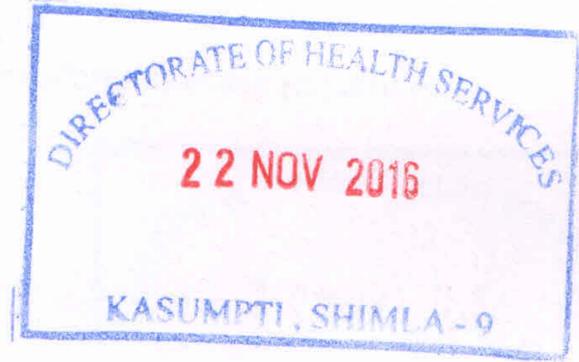




No. HFW-H(NRHM)/Standard Treatment Guidelines/2010
National Health Mission
Himachal Pradesh

To,

1. All the Chief Medical Officers/
Block Medical Officers,
Himachal Pradesh
2. The Head of Department,
OBG/paediatrics/Radio diagnosis
KNSHM&C, Shimla/ Dr.RPGMC, Tanda



Dated Shimla-9, the

Subject: Guidelines on Use of Ultrasonography during Pregnancy.

Dear Sir,

Maternal and neonatal morbidity and mortality are the two most important health indicators for a state. To ensure appropriate maternal and neonatal health, it is important that the quality of ante natal care is optimized based on current knowledge and available resources. Ultrasonography (USG) is an established tool in the clinical management of pregnancy. Government of India constituted an expert group to deliberate on use of USG in pregnancy and based on the recommendations of the experts and available National and Inter-national evidences have come up with "Guidelines on Use of Ultrasonography during Pregnancy". The guidelines will restrict unnecessary use of USG in pregnancy and also strengthen the quality of Ante-natal care for improved maternal and newborn care services in the country by detecting high risk pregnancy, fetal anomaly, provide significant information for decisions during pregnancy, appropriate treatment at birth and prompt transfer to units specializing in the care of the new-born. The prenatal detection of congenital malformation should help to reduce prenatal mortality and morbidity (Softcopy of the guidelines is attached for your reference).

It is emphasized that the current guidelines on USG will not be a substitute to PC-PNDT Act but will facilitate better implementation of PC-PNDT Act & Guidelines. Laid down criteria in guidelines are in line with the current provisions in the PC&PNDT Act and will facilitate service providers to provide quality ANC services to the pregnant women.

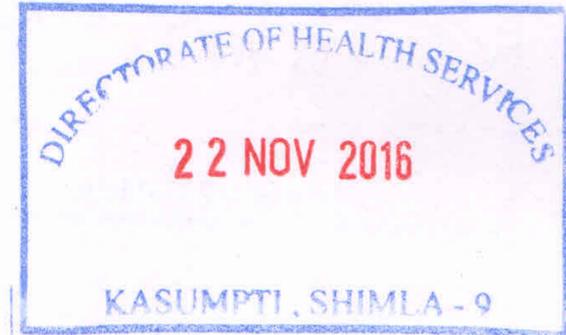
The guidelines advocate that only one Obstetric ultrasound should be done during pregnancy between 18 and 19 weeks of pregnancy as part of routine Ante Natal Care (ANC) package. Additional ultrasound examinations can be done if clinically indicated. USG during this period presents an opportunity to diagnose congenital abnormalities and/or to detect soft markers aneuploidy, identify maternal pelvic pathology, confirm number of fetuses, gestational age and location of placenta. As far as possible, the day of ultrasound should coincide with ANC examination day (including PMSMA days) and fixed days for USG should be avoided, as this may lead to multiple visits by the pregnant women. The ultrasound should be undertaken only at places where facilities for second trimester abortion are available as per the MTP Act. There is a need to ensure that there is no waiting period for pregnant women coming for USG examination, as the window period for management after anomaly detection is very short. The ASHA and the health workers need

to sensitize the pregnant women about the timing of the ultrasound and inform regarding the health facility where it is available.

The guidelines also talks about as to who can perform obstetric USG, indications for the same, components of routine USG scan, about the equipment and maintenance, reporting and record keeping, trainings, monitoring etc.

This is an earnest request to all concerned to utilize and implement these guidelines.

Mission Director,
National Health Mission
Himachal Pradesh
e-mail: md-hp-nrhm@nic.in



Endst.No. HFW-H(NRHM)Standard Treatment Guidelines/2010 Dated Shimla-9, the

Copy to:

1. The Principal Secretary (Health) to the Government of Himachal Pradesh for information please.
2. The Deputy Commissioner, Maternal Health, Ministry of Health & Family Welfare, Government of India, Nirman Bhawan, New Delhi-110011 for information please.
3. All the Deputy Commissioners, Himachal Pradesh for information please.
4. The Director Health Services to the Government of Himachal Pradesh for information please.
5. The Director Health Safety and Regulation, Himachal Pradesh for information please.
6. The Women and Child Development Department, Himachal Pradesh for information please.
7. All the Gynaecologists working under Health Department of Himachal Pradesh for information please.
8. All the State Programme Officers, National Health Mission, Shimla for information please.
9. The Consultant (MIS), NHM Shimla with a request to upload the same on the website under Maternal Health Guidelines.

Mission Director,
National Health Mission
Himachal Pradesh