



सत्यमेव जयते
Ministry of Health & Family Welfare
Government of India



Global Health Strategies



Health Workbook on Tuberculosis for Gram Panchayat Members

Dr Mahesh Puri
WHO-NTEP Consultant
Shimla Zone
HP



Health Workbook on Tuberculosis for Gram Panchayat Members



Name of the member :

Name of Panchayat, block, district, state :

Date of receiving the workbook :

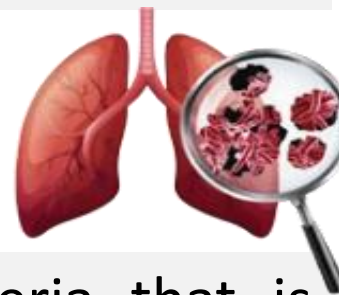
WHAT IS TB? WHAT ARE ITS SYMPTOMS?

What is TB?



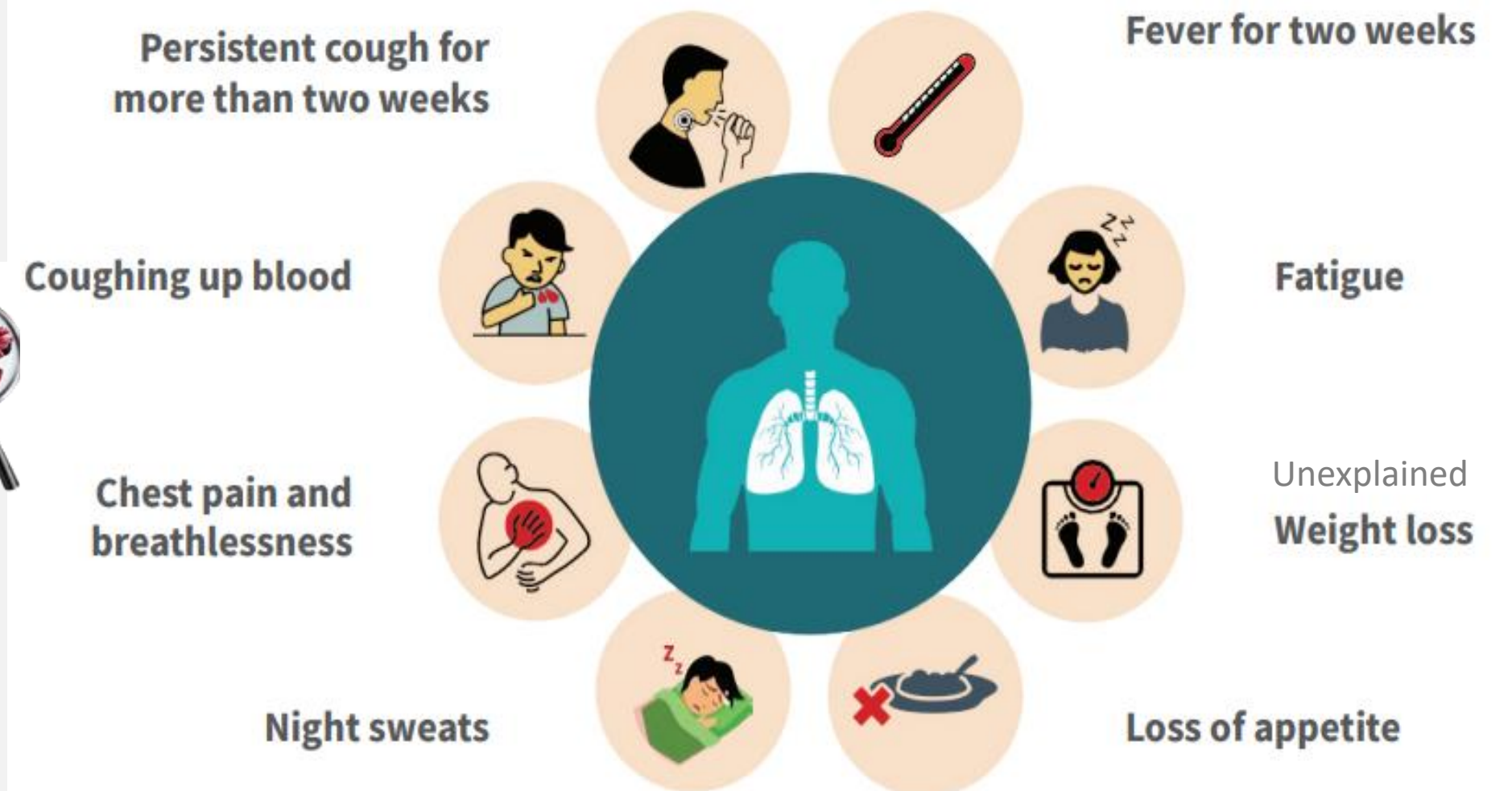
- TB is a disease caused by a bacteria. **It can spread from an infected person to other people through the air** (coughing, sneezing, or talking in proximity)
- TB **usually affects lungs, but it can affect other parts of the body** (except hair, nails and teeth)

What is Drug-Resistant TB?



- Drug resistant (DR-TB) is caused by a bacteria that is **resistant to one or more of the main TB medicines**
- It can spread through air from one infected person to another. If TB patients take **incorrect medication** or **stop taking their medication**, they may develop DR-TB
- This form of TB is more **difficult to treat** and takes **longer** (18-24 months) **to treat**

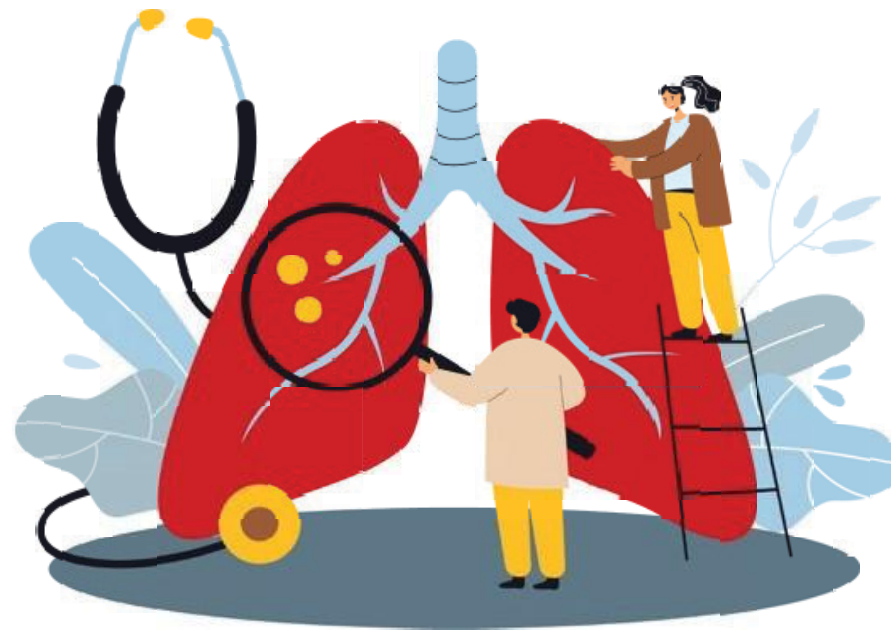
TB Symptoms



HOW IS TB IDENTIFIED AND TREATED?

How is TB identified?

- TB is diagnosed by conducting a **chest X-Ray**, and collecting a **sputum sample** or **sample from any other site**
- The sample is then examined at the nearest health facility, and a doctor examines the results



How is TB treated?

- TB is treated through **timely initiation** of TB drugs
- Treatment is **6 months or longer**
- There is **no fear of spreading the infection** if the TB patient adhered to **medication** completely throughout the treatment, combined with proper hygiene

TB SERVICES

Free TB Testing and Treatment



TB tests and medication are **available free of cost** at:

- Health and Wellness Centres (HWC)
- Primary Health Centres (PHC)
- Community Health Centres (CHC)
- Sub-district hospitals
- District hospitals
- Government Medical Colleges



Services are also being provided free of cost at private sector hospitals, laboratories, and chemists affiliated with the government program for TB elimination

TB services at HWCs

Following services are available at Health and Wellness Centres free of cost:

- Screening of vulnerable populations
- Collection of samples for diagnostic tests
- TB drugs
- Referral of patient to doctor



NTEP SOCIAL SUPPORT AND INCENTIVES

SUPPORT FOR PATIENTS

- Under *Ni-kshay Poshan Yojana*, Rs 500 /month is paid directly to the patients' accounts as nutritional support
- **Rs 750** (one time) will be given to TB patients residing in **Tribal Tuberculosis Unit**



INCENTIVES FOR ASHA / COMMUNITY VOLUNTEERS

- **Rs 500** will be provided for **referral** of a presumptive case to the nearest government health facility
- **Rs 10** will be provided to ASHA/Community Volunteer for facilitating **bank seeding** of notified patient
- **Rs 250** per individual will be provided to ASHA/Community Volunteer for **successful completion** of TB Preventive Treatment
- **Rs 1000** for treatment completion of **Drug sensitive TB patients**; **Rs 5,000** for **DR-TB patients**



WORKBOOK FOR GRAM PRADHANS



Health Workbook on **Tuberculosis** for **Gram Panchayat Members**



Name of the member :

Name of Panchayat, block, district, state :

Date of receiving the workbook :

The workbook is provided to all *Gram Pradhans* to fill in on a monthly basis. This will help them monitor progress towards a “*TB Mukh Panchayat*”.

Gram Pradhans are required to monitor **certain indicators** and fill them on a **monthly basis**.

Please fill the
table below
during each
VHSNC
meeting
(every month)

Questions to ask	Month 1	Month 2	Month 3	Month 4	Month
ASHA					
Number of people presumed with TB tested in the month					
Number of people with TB identified in the month					
Number of Bacteriological confirmation with DST during the month					
Number of people with TB who started treatment during the month					
Total number of people with TB availing Ni-kshay Poshan Yojana benefit					
Additional nutrition support to TB patients					
Number of people on TPT					
ASHA					
Recording TB indicators in VHIR? (Fill in yes or no)					

TARGETS | TB-MUKT CERTIFICATION

Indicator	Definition	Target
Presumptive TB examination	Person with any symptoms or signs suggestive of TB should undergo testing	≥30 per 1000 (for the year) in the panchayat
TB Notification	People diagnosed with TB and notified to the government through the <i>Ni-kshay</i> portal	≤1 per 1000 (for the year) in the panchayat
Treatment Success	Successful completion of TB treatment	More than 85%
Drug Susceptibility Test	Testing TB patients for resistance to anti-TB drugs	At least 60%
<i>Ni-kshay Poshan Yojana</i>	Monthly nutritional support of Rs 500 provided to TB patients on treatment	100% (at least 1 instalment)
Nutritional support to TB patients under PMTB MBA	Those on TB treatment who consented to receive nutritional support under PMTB MBA are receiving support from <i>Ni-kshay Mitras</i> (donors)	100%



All targets in the indicators need to be fulfilled for submission and verification of claims for TB-Mukt certification

For claim submission and verification, data will be considered for the current year. That means, for declaring panchayat TB MukT in 2024, data will be evaluated for the year 2023

A checklist for Gram Panchayat members

The list can be used to track the ongoing TB activities by GP members at the village level

Have existing Gram Panchayat members been trained on TB?

 Yes

 No

Are village meetings and committees used to discuss TB Mukt Panchayat?

 Yes

 No

Are media (outdoor platforms, mid and mass media, social media, etc.) and public statements used to raise awareness about TB?

 Yes

 No

Are people made aware of TB disease, symptoms, places to seek care and existing support schemes for patients and their caretakers?

 Yes

 No

Is the community working towards reducing the stigma associated with TB?

 Yes

 No

Is TB included in the village's PDP plan?

 Yes

 No

Are ASHA's, ANMs, and front-line workers supported in aiding TB patients' recovery?

 Yes

 No

Are TB patients in the village connected to relevant support schemes?

 Yes

 No

Are people prescribed TPT taking their medications regularly?

 Yes

 No

Thank You