

I/227072/2023



No. NHMHP-IDSP0SCTY/1/2019-11200 — 10561
 National Health Mission-HP
 SDA Complex, Kasumpti, Shimla-9
 Himachal Pradesh
 Dated: Shimla-171009, the

To

All the Chief Medical Officers,
 Himachal Pradesh



Subject: **Advisory regarding Scrub Typhus.**

Sir/Madam,

In continuation to this office letter of even no. dated 30th May, 2023 regarding increase in Scrub Typhus cases in the State. As you are well aware that the Scrub Typhus is a Zoonotic Disease which has an increasing trend during monsoon season coinciding with grass cutting. The majority of cases of scrub typhus occurs in rural areas where mite-harboring vegetation is common.

As per IHIP-IDSP Portal, report till 2nd August, 2023 it is being observed a recent increase in number of Scrub Typhus cases in Himachal Pradesh. A total 2561 tests were carried out, 258 were reported positive for Scrub Typhus. District wise status of Scrub Typhus is as tabulated below:

S. No.	Name of District	Jan - 2nd August, 2023		
		Test done	No. of positive	No. of Deaths
1	Bilaspur	514	113	0
2	Chamba	5	5	0
3	Hamirpur	42	31	0
4	Kangra	612	48	0
5	Kinnaur	0	0	0
6	Kullu	8	0	0
7	L& Spiti	0	0	0
8	Mandi	351	29	0
9	Shimla	343	28	0
10	Sirmaur	26	0	0
11	Solan	92	4	0
12	Una	568	0	0
	HP	2561	258	0

In view of the above facts, treatment of Scrub Typhus should be started presumptively i.e to the patients with high grade fever, body aches (with chills & rigor), rash (2-5days) found in the vulnerable groups in monsoon and post monsoon season must be placed on presumptive treatment. All the Death cases attributed to the said disease may be investigated and reported immediately.

In this regard, the following measures may be ensured:

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- Ensure availability of Doxycycline & Azythromycin at all the Health Institutions under your jurisdiction and control.
- Medical Officers in the Districts may be directed to give presumptive treatment to the patients of high grade fever with Doxycycline/Azithromycin whenever Scrub Typhus is suspected.
- Ensure capacity building of all Medical Officers and Health workers regarding Scrub Typhus.
- Start IEC campaign in all the districts and immediate action must be followed by circulating paper and digital media holding small group meeting through the field health worker, functionaries/VHNSC, so as to increase awareness in general population about the preventive measures/maintaining hygiene methods etc. (IEC material is attached herewith for your ready reference).
- Review regularly & have an effective mechanism in place for Public Education (IEC activities). Representatives from Health Department should attend meeting of Panchyati Raj institutions at District, Block & Village (Gram Sabha) to sensitize community regarding prevention and control of Scrub Typhus Disease.
- Daily report on IHIP-IDSP Portal and Line listing of all fresh cases of Scrub Typhus, Swine Flu (H1N1), Dengue and Hepatitis –A & E must be prepared regularly and updated on IHIP-IDSP Portal.

Treat it as Most Urgent.



(Sudesh Kumar Mokhta, IAS)
Mission Director,
National Health Mission,
Himachal Pradesh

Endst. No. As above
Copy for information to:

Dated Shimla-9 the

1. The Secretary (Health) to the Govt. of Himachal Pradesh.
2. The Director Health Services, Himachal Pradesh.
3. The Director Medical Education, Himachal Pradesh.
4. All the Principals Government Medical Colleges, H.P.
5. All the Medical Superintendents Himachal Pradesh.
6. All the District Surveillance Officers, HP for information and necessary action.



Mission Director,
National Health Mission,
Himachal Pradesh