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NHMHP-NCD0GEN./1/2019-NCD -10888
National Health Mission
Himachal Pradesh



To

All the Chief Medical Officers
Himachal Pradesh

All the Principals in Medical Colleges,
Dr. RKGMC, Hamirpur, Dr. RPGMC, Kangra,
Dr. YSPGMC, Sirmaur, IGMC Shimla,
SSBH Chamiyana PJLNGMC, Chamba,
SLBSGMC, Mandi, AIIMS Bilaspur
Himachal Pradesh

All the Medical Superintendents
IGMC, Tanda, Ner Chowk, DDU, KNH,
TBSDMP, D.Shala, Solan, Bilaspur,
Hamirpur, Kullu, Rohru, Rampur, Chamba,
Nahan, Una, Mental Hospital, Mandi, Palampur,
Nurpur
Himachal Pradesh

Date- Shimla-9

Subject- Operational Strategies under NP-NCD program.

Madam / Sir

Government of India has prescribed a service delivery mechanism under NP-NCD consisting of primary, secondary, and tertiary levels. Primary care is being provided through HWCs. Now there is a need to strengthen secondary level facilities such as CHC/CH and DH to respond to the growing, burden of NCDs, and to function as the referral linkages for facilities below this level of care.

The range of NCD services includes health promotion, psycho-social counselling, screening, case management (out-and-in-patient), emergency cardiac and stroke care services, day care and palliative care services for cancer, as well as referral for specialized services.

Bi-directional referral linkages covering all levels of health care facilities have to be established to assure care both for NCDs and associated unforeseen emergencies and follow up care. Whenever feasible and appropriate, teleconsultation services with higher centres should be organized.

As needed, referral to specialists at the secondary or tertiary level is

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to be ensured. Such referrals shall be with specific instructions regarding facility name and location, day and time of visit, person to contact etc. Two-way referrals between various facility levels are to be ensured, which can be facilitated through established IT system or teleconsultation. The loop between the primary care medical provider and the specialist must be closed. This can be achieved when the specialists at district facility or higher are able to communicate to the medical officer about the adequacy of treatment, any change in treatment plans, and further referral action.

Accordingly, the details of the package of the services which has to be provided under NP-NCD program at various levels such as (Community Level, HSC-HWC, PHC/UPHC-HWC, CHC/CH, DH/Medical collage) is been attached as Annexure 1. Accordingly, all CHC/CH & DH/ZH/RH would function as Sub District NCD Clinic & District NCD Clinic respectively.

You are requested to put in appropriate mechanisms in place to ensure that the prescribed packages of service is delivered at all levels of cares. For further details, you may refer to the Operational Guidelines National Programme for Prevention and Control of Non-Communicable Diseases (attached as soft copy).

Mission Director
National Health Mission
Himachal Pradesh



Endst: No. as above-

Copy forwarded for information please

dated:- Shimla-9, the

1. The Secretary Health to the Government of Himachal Pradesh, Shimla-2.
2. The Director of Health services HP.
3. The Director of Medical Education HP.
4. The Executive Director National Health Resource Center (NHSRC), Gol
5. All the DPOs of NP-NCD.

Mission Director
National Health Mission
Himachal Pradesh

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Annexur 1

Package of services

Level of care	Package of services
Community level	<ul style="list-style-type: none"> • Active enumeration of the eligible population and registration of the families, risk assessment of NCDs using Community Based Assessment Checklist (CBAC), Mobilization of community for screening of NCDs at nearest AB-HWC. • Health promotion, lifestyle modification, follow up for treatment compliance and lifestyle modification.
Sub-centre / HSC-HWC	<ul style="list-style-type: none"> • Health education for awareness generation and behaviour change, organising wellness activities. • Screening of Diabetes, Hypertension, three common cancers (oral, breast and cervical). • Referral of suspected cases to PHC/PHC-HWC or nearby health facility for diagnosis confirmation and management. SHC- HWC team to also facilitate the referrals and follow up on referred suspected patients. • Dispensing of prescribed medicines and follow up of patient for treatment compliance and lifestyle modification. • Teleconsultation services from SHC-HWC to HWC- PHC/UPHC. • Maintaining Electronic Health Records (EHR) and generation of ABHA IDs.
PHC / UPHC- HWC	<ul style="list-style-type: none"> • Health promotion activities including wellness activities for behaviour change. • Screening of Diabetes, Hypertension, three common cancers (oral, breast and cervical), COPD and Asthma, CKD, NAFLD among OPD attendees. • Confirmation of diagnosis, treatment initiation, and management of common NCDs as per standard management protocol and guidelines. • Referral of complicated NCD cases to higher facilities. Bi-directional referral linkages to be established and follow up to be ensured. • Teleconsultation services and counselling services. • Maintaining Electronic Health Records (EHR) and generation of ABHA IDs.
CHC/CH	<ul style="list-style-type: none"> • Health promotion including counselling. • Opportunistic screening of Diabetes, Hypertension, three common cancers (oral, breast and cervical). • Screening of COPD and Asthma, CKD, NAFLD, STEMI among suspected cases. • Confirmation of diagnosis, treatment initiation, and management

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	<p>of common NCDs as per standard management protocol and guidelines.</p> <ul style="list-style-type: none"> • Teleconsultation services and counselling services. • Maintaining Electronic Health Records (EHR) and generation of ABHA IDs. • Management of cases of common NCDs and regular follow-up. • Referral of complicated cases to District Hospital/higher healthcare facility.
District Hospital	<ul style="list-style-type: none"> • Opportunistic screening of Diabetes, Hypertension, three common cancers (oral, breast and cervical). • Screening of COPD and Asthma, CKD, NAFLD, STEMI among suspected cases. • Diagnosis and management of cases of common NCDs: outpatient and inpatient care, including emergency care particularly for cardiac and stroke cases. • Management of complicated cases of common NCDs, or referral to higher healthcare facility. • Follow-up cancer chemotherapy and palliative care services for cancer cases, physiotherapy services for NCDs including Stroke patients, Dialysis facilities for CKD patients, etc. • Health promotion for behaviour change and counselling for NCD cases. IEC activities on important Health Days. • Bidirectional referral linkages and follow up mechanism to be established and ensured. • Teleconsultation services and counselling services. • Maintaining Electronic Health Records (EHR) and generation of ABHA IDs.
Medical College/ Tertiary Cancer Centres	<ul style="list-style-type: none"> • Diagnosis and management of complicated cases of common NCDs acts as tertiary referral facility. • Comprehensive cancer care including prevention, early detection, diagnosis, treatment, palliative care and rehabilitation at Tertiary Cancer Centres. • Support programme in capacity building of health staff. • Support programme in preparing standard guidelines and protocols. • Support in supervision, monitoring, evaluation and operational research. • Bidirectional referral linkages and follow up mechanism to be established and ensured. • Teleconsultation services and counselling services. • Maintaining Electronic Health Records (EHR) and generation of ABHA IDs