



REPORT

State Level Dissemination Workshop on TOWARDS A TOBACCO-FREE HIMACHAL PRADESH

POLICY, ENFORCEMENT & TOBACCO-FREE GENERATION

Organized by NHM HP in collaboration with Vital Strategies, New Delhi

Place: SIHFW, Parimahal, Shimla-9

Date - 30th May, 2026



NATIONAL HEALTH MISSION
DEPARTMENT OF HEALTH & FAMILY WELFARE, H.P.

Report- State Level Dissemination Workshop

Theme of workshop- "Towards Tobacco Free Himachal Pradesh: Policy, Enforcement and Tobacco Free Generation"

Date: 30 May 2026

Venue: SIHFW Parimahal, Shimla, Himachal Pradesh

Organized by: National Health Mission (NHM), Himachal Pradesh in collaboration with Vital Strategies, New Delhi

Executive Summary

The National Health Mission (NHM), Himachal Pradesh, in collaboration with Vital Strategies, organized a State Level Dissemination Workshop on “Towards Tobacco Free Himachal Pradesh: Policy, Enforcement and Tobacco Free Generation” on 30 May 2026 at SIHFW Parimahal, Shimla. The workshop aimed to disseminate the findings of the Baseline Assessment Survey on Tobacco Vendor Density and Compliance with Tobacco Control Laws in Himachal Pradesh and to deliberate on strategies for strengthening tobacco control policies, enforcement mechanisms, and multisectoral action in the state.

The workshop was attended by over 55 participants representing key departments and stakeholders, including Health, Education, Panchayati Raj, Police, Special Task Force, Excise and Taxation, Urban Development, Food Safety, Drug Authorities, and development partners. Ms. M. Sudha Devi IAS, Secretary Health to the Government of Himachal Pradesh reaffirmed the State Government’s commitment to protecting children and youth from tobacco addiction through stronger implementation of COTPA, 2003 and the Himachal Pradesh Tobacco Regulation Act, 2016. She expressed concern over the presence of tobacco vendors near educational institutions and called for enhanced enforcement, stronger policy measures, and active participation of all departments and communities in tobacco control efforts.

A major highlight of the workshop was the release and dissemination of the Baseline Assessment Survey on Tobacco Vendor Density and Compliance with Tobacco Control Laws in Himachal Pradesh. The survey findings revealed important compliance gaps, including the presence of approximately 10 percent of tobacco vendors within 100 yards of educational institutions, underscoring the need for stronger enforcement and monitoring mechanisms.

Key recommendations of the workshop included strengthening enforcement through tobacco vendor licensing & regular flying squad activities, COTPA amendment, scaling up implementation of Tobacco-Free Educational Institutions, promoting the Tobacco-Free Generation approach, strengthening multisectoral coordination, and capacity-building efforts at each level.

Inaugural session

The workshop commenced with a warm welcome address by Dr. Rajesh Guleri, Deputy Mission Director, National Health Mission,

Himachal Pradesh. He welcomed the Chief Guest, Ms. M. Sudha Devi IAS, Secretary (Health),

Government of Himachal Pradesh, and the Guests of Honour, including the Director Health Services and Director Dental Health



Services, Himachal Pradesh. He also acknowledged the presence of senior officials and representatives from various departments, including Panchayati Raj, Police, Special Task Force, State Excise and Taxation, Urban Development, Education, Directorate Health Safety & Regulations, and other key stakeholder departments. Dr. Guleri highlighted the importance of interdepartmental collaboration in advancing tobacco control efforts and emphasized that achieving the vision of a Tobacco-Free Himachal Pradesh would require sustained commitment, effective enforcement, and active participation from all sectors. He appreciated the efforts of all departments and partners in supporting the state's tobacco control initiatives and expressed confidence that the workshop would provide a valuable platform for sharing evidence, best practices, and strategies for strengthening tobacco control across Himachal Pradesh.

Opening remarks by Chief Guest

In her keynote address, Ms. M. Sudha Devi IAS, worthy Secretary (Health), Government of Himachal Pradesh, reaffirmed the State Government's commitment to protecting children and



youth from tobacco addiction and strengthening tobacco control measures across the State. She emphasized that stronger implementation and enforcement of the Cigarettes and Other Tobacco Products Act (COTPA), 2003 and Himachal Pradesh Tobacco Regulation Act, 2016 would be pursued to ensure that tobacco and nicotine products remain inaccessible to minors and young people.

Highlighting the need for continued policy action, she noted that existing tobacco control laws must be further strengthened to effectively safeguard children and adolescents from tobacco and emerging nicotine products. Referring to the findings of the Baseline Assessment Survey, she expressed concern over the presence of tobacco vendors in close proximity to educational institutions and stressed the need for stricter compliance and enforcement measures to reduce access and exposure of children to tobacco products.

The Chairperson observed that tobacco often serves as a gateway to substance use and addiction among young people and emphasized the importance of adopting a preventive and child-centred approach to tobacco control. Referring to the Government of India's *Nasha Mukta Vidyalaya* initiative and the concept of drug-free zones in 500 meters around educational institutions, she highlighted the need for stronger legal safeguards to protect children from exposure to tobacco and nicotine products and emphasized that similar protective measures may be considered under the tobacco control framework in the State.

Worthy Chairperson also emphasized the need to further strengthen enforcement of tobacco control laws across Himachal Pradesh. She was informed that the State currently has one State Flying Squad, 12 District Flying Squads, and 80 Block-Level Flying Squads constituted for enforcement activities. She directed that these enforcement teams intensify field-level

enforcement in a systematic, accountable, and result-oriented manner. She directed all flying squads to undertake at least two intensive enforcement drives during the first six months commencing June 2026, followed by a minimum of one enforcement drive every month thereafter. She further emphasized that regular inspections, compliance checks of tobacco vendors, and monitoring of areas surrounding educational institutions should become routine enforcement activities. Worthy Secretary directed that enforcement progress and compliance status be reviewed on a quarterly basis by the State-Level Coordination Committee and the respective District-Level Coordination Committees to ensure sustained implementation and accountability.

She further noted that several States and Union Territories, including Karnataka, Rajasthan, Punjab, Maharashtra, Gujarat, Chhattisgarh, Haryana, Jharkhand, Madhya Pradesh, Tamil Nadu, Telangana and Chandigarh, have introduced legislative or regulatory measures to prohibit the operation of hookah bars and commercial hookah services. Expressing concern over the increasing appeal of hookah among adolescents and young adults, she observed that such products are often perceived as less harmful despite carrying significant health risks. She emphasized that Himachal Pradesh must proactively address this emerging challenge and directed that appropriate policy and legal measures be explored to prevent the proliferation of hookah use in the State.

She further noted that States such as Jharkhand and Karnataka have strengthened tobacco control provisions through state-specific legislative measures and COTPA amendments aimed at enhancing protection for children and youth. In this context, she emphasized the need to examine suitable amendments to strengthen the tobacco control framework in Himachal Pradesh, including enhanced safeguards around educational institutions, stronger restrictions on youth access to tobacco and nicotine products, strengthening of penalties for violations, expansion of protected zones around educational institutions, and other evidence-based measures required to address emerging public health challenges and protect future generations from tobacco addiction.

Worthy Secretary Health directed the State Tobacco Control Cell under the National Health Mission and the Directorate of Health Safety & Regulations (DHSR) to initiate the process of developing a comprehensive proposal for strengthening the tobacco control framework in Himachal Pradesh. She emphasized that the proposed amendments should be guided by evidence, emerging public health priorities, national initiatives, and best practices adopted by other States.

She underscored that tobacco control is not solely the responsibility of the Health Department but requires active participation, coordination, and accountability from multiple government departments, educational institutions, local bodies, communities, and civil society organizations. Reiterating the Government's commitment to public health, she assured participants that the State would continue to take all necessary steps to strengthen tobacco control policies, ensure effective implementation of tobacco control laws, and protect children, youth, and the wider population from the harms of tobacco and nicotine addiction.

Key Remarks by Dr. Rana J. Singh, Director Tobacco Control, Vital Strategies

Dr. Rana J. Singh commended the Government of Himachal Pradesh for its pioneering role in tobacco control and acknowledged the state's sustained leadership in implementing progressive tobacco control measures. He highlighted that Shimla was among the first cities in India to be declared smoke-free and noted that Himachal Pradesh has demonstrated several best practices and innovative initiatives in tobacco control since 2009, serving as a model for other states. He emphasized that a strong legal and policy framework is essential to prevent children and youth from initiating tobacco use and underscored the importance of adopting the Tobacco-Free Generation concept as a long-term strategy to protect future generations from the harms of tobacco and nicotine addiction. Drawing upon global experiences, he stated that effective tobacco control requires a combination of strong enforcement, public awareness, and multisectoral collaboration. He further recommended a number of advanced tobacco control measures for consideration by the State, including a ban on hookah bars, strengthening of a tobacco vendor licensing system, and state-level COTPA amendment.



Launch of Baseline Assessment Survey on Tobacco Vendor Density and compliance with Tobacco Control Laws in Himachal Pradesh

Key Discussions and Technical Sessions

The workshop commenced with a comprehensive overview of the Cigarettes and Other Tobacco Products Act (COTPA), 2003 and the Himachal Pradesh Tobacco Regulation Act, 2016 by Dr. Ravinder Kumar, State Programme Officer (NTCP), NHM. The session highlighted the key provisions of both legislations, responsibilities of enforcement agencies, and the importance of coordinated implementation to strengthen tobacco control across the state.

Dr. Ravinder Kumar also presented the findings of the Baseline Assessment Survey on Tobacco



Vendor Density and Compliance with Tobacco Control Laws in Himachal Pradesh. The survey provided valuable insights into the density and distribution of tobacco vendors, compliance with statutory provisions, and gaps requiring focused enforcement and policy interventions. The findings generated

discussions on strategies to reduce youth access to tobacco products and strengthen compliance monitoring mechanisms.

A demonstration of the Tobacco-Free Educational Institution (ToFEI) App was conducted to familiarize participants with the digital platform designed to facilitate implementation and monitoring of tobacco-free educational institutions. The app was presented as an innovative tool to support schools and educational authorities in achieving and sustaining ToFEI compliance.

The post-lunch technical session focused on the Tobacco Control Law Enforcement Assessment Tool, presented by Dr. Gopal Chauhan Block Medical Officer Karsog. Participants were introduced to the assessment framework, indicators, and methodology for evaluating enforcement performance at district and state levels. Discussions emphasized the importance of evidence-based monitoring and periodic assessments to strengthen implementation of tobacco control laws.

Dr. Gopal Chauhan also elaborated on the enforcement procedures under COTPA, 2003, providing practical guidance on inspections, documentation, issuance of challans, adjudication processes, and interdepartmental coordination. Sh. L.D. Thakur, Assistant Food Commissioner, Mandi, subsequently conducted a technical session on the enforcement framework under the Himachal Pradesh Tobacco Regulation Act, 2016. The session highlighted the salient

provisions of the Act, enforcement protocols, adjudication procedures, and practical approaches for strengthening compliance and implementation at the field level.

Discussion on Multisectoral Engagement Action Plan for Tobacco-Free Himachal Pradesh.

Dr. Ravinder Kumar, State Programme Officer (NTCP) facilitated a comprehensive discussion on the draft **Multisectoral Engagement Action Plan for Tobacco-Free Himachal Pradesh**. The session emphasized the importance of coordinated, sustained, and accountable action involving key departments and stakeholders, including Health, Education, Police, Special Task Force, Excise and Taxation, Food Safety, Drug Authorities, Panchayati Raj, Urban Local Bodies, AYUSH, Medical Education, and Civil Society Organizations. Participants deliberated on their respective roles, collaborative mechanisms, and priority interventions required to accelerate progress towards a Tobacco-Free Himachal Pradesh.

During the discussion, Dr. Shilpa Dadwal, SDMO, representing the Department of AYUSH, assured full support for strengthening tobacco control initiatives within the AYUSH sector and committed to promoting the Tobacco-Free Health Institution initiative across AYUSH Health Centres and Hospitals in the State.

Representatives from the State Excise and Taxation Department, including Sh. Ravinder Kumar HPRS, Additional Commissioner, and Ms. Poonam Thakur HPRS, Assistant Commissioner, reaffirmed the Department's commitment towards curbing the menace of illicit tobacco products and strengthening enforcement of COTPA provisions. They assured active participation of field officers in addressing violations related to tobacco control laws, including the sale of loose cigarettes and bidis.

Representatives from Municipal Corporations and Urban Local Bodies, including Dr. Chetan Chauhan HAS, Joint Commissioner, Municipal Corporation Solan, and Dr. Anjali Chauhan, Corporation Health Officer, Municipal Corporation Shimla, assured strict implementation of the Himachal Pradesh Tobacco Regulation Act, 2016 and committed to strengthening local-level tobacco control measures through coordinated enforcement and compliance monitoring within their jurisdictions.

Representatives from the Directorate of Higher Education (Dr. Renu Rana), Directorate of School Education (Ms. Poonam Bisht), and Samagra Shiksha (Dr. Rekha Guleria) reaffirmed their commitment to achieving 100 percent compliance with Tobacco-Free Educational Institution (ToFEI) guidelines across all educational institutions in the State. They assured that tobacco control awareness, compliance monitoring, and preventive education activities would be systematically integrated with the ongoing Nasha Mukta Vidyalaya initiative. They further emphasized the importance of maintaining drug- and tobacco-free environments around educational institutions and committed to supporting measures aimed at strengthening compliance within the 500-metre protective zone surrounding schools and colleges.

Dr. Rajesh Rana, Deputy Director Health Services-cum-OSD, Directorate of Health Safety and Regulation (DHSR), reaffirmed the commitment of the Food Safety and Drug Administration authorities towards rigorous enforcement of tobacco control laws and emphasized their continued role in protecting children and youth from the harms of tobacco and nicotine addiction.

Dr. Satish Chaudhary, Director Dental Health Services, extended full support to the State Government's tobacco control mission and assured active participation in the proposed Integrated Screening and Tobacco Cessation Initiative to be implemented through Medical Officers (Dental) across the State. He emphasized the important role of dental professionals in tobacco cessation counselling and early detection of tobacco-related diseases.

District Programme Officers (NTCP) from various districts reaffirmed their commitment to effective implementation of tobacco control activities at the district level. As designated nodal officers for tobacco control, they assured close coordination with key departments and strict compliance with directions issued by the Government and higher authorities.

Dr. Amit Sachdeva, representing the Directorate of Medical Education and Research (DME&R), assured support for implementation of tobacco control initiatives in medical, dental, nursing, and paramedical institutions, including achievement of ToFEI compliance and promotion of Tobacco-Free Health Institution initiatives.

Sh. Vijay Bragta, Deputy Director, Panchayati Raj Department, assured full support for scaling up the Tobacco-Free Village initiative across all Gram Panchayats in the State. He further informed that tobacco control and Tobacco-Free Village concepts would be incorporated into induction and capacity-building programmes for newly elected Panchayati Raj Institution representatives. He emphasized the important role of Panchayati Raj Institutions in strengthening community-level tobacco control and assured close coordination with the State Tobacco Control Cell at the State, District, and Block levels. He also assured support for strengthening the tobacco vendor licensing system within Gram Panchayats to ensure that the sale of tobacco products is undertaken only by duly licensed vendors in accordance with applicable regulations.

Dr. Radhika Rana, representing MAMTA Health Institute for Mother and Child, which supported the Baseline Assessment Survey, assured continued technical and field-level support to tobacco control initiatives aimed at protecting children and youth from tobacco addiction.

Representatives from the Police Department and Special Task Force (CID), including Sh. Ramesh Sharma HPS, and Sh. Sandeep Kumar HPS, assured full support for the enforcement of tobacco control laws and strengthening interdepartmental coordination for their effective implementation across the State. They highlighted that the Police Department is the designated enforcement authority under the Prohibition of Electronic Cigarettes Act (PECA), 2019 and assured strict action against the manufacture, production, import, export, transport, sale, distribution, storage, advertisement, and online sale of electronic cigarettes in Himachal Pradesh. They further committed to intensifying enforcement efforts to curb both physical and online availability of e-cigarettes and other prohibited electronic nicotine delivery products in the State.

The discussion concluded with broad consensus on the need for a structured and coordinated multisectoral approach to tobacco control. Valuable suggestions and inputs received from participating departments and stakeholders will be incorporated into the draft Action Plan. It was agreed that the document would be revised and finalized following the workshop and would thereafter serve as a comprehensive roadmap for tobacco control in Himachal Pradesh, guiding policy interventions, enforcement activities, capacity-building efforts, community engagement, and monitoring mechanisms aimed at achieving the vision of a Tobacco-Free Himachal Pradesh.

Key Recommendations and Action Points

Sr. No.	Key Recommendation/Action Point	Action by
1.	Strengthening enforcement of COTPA, 2003 and the Himachal Pradesh Tobacco Regulation Act, 2016 through State, District, and Block-Level Flying Squads. All Flying Squads should undertake at least two intensive enforcement drives during the first six months from June 2026, followed by at least one drive every month thereafter.	In-charge, State, District and Block-Level Flying Squads
2.	Institutionalize quarterly reviews of enforcement activities and compliance status through State- and District-Level Coordination Committees.	SPO (NTCP) and DPOs (NTCP)
3.	Utilize findings of the Baseline Assessment Survey for district-level planning, targeted enforcement, and focused interventions around educational institutions.	DPOs (NTCP), School Education, Higher Education, and Samagra Shiksha.
4.	Scale up implementation of Tobacco-Free Educational Institutions (ToFEI) through the ToFEI App and integration with the Nasha Mukta Vidyalaya initiative.	DPOs (NTCP), School Education, Higher Education, and Samagra Shiksha.
5.	Develop and submit a proposal for strengthening the tobacco control framework in Himachal Pradesh through suitable COTPA amendments and related policy measures for enhanced protection of children and youth.	State Tobacco Control Cell (NHM) and DHSR.
6.	Strengthen enforcement against the sale, distribution, advertisement, and online marketing of Oral Nicotine Pouches (ONPs) and other unauthorized nicotine products.	Food Safety Authority and Drug Control Authority.
7.	Intensify enforcement of the Prohibition of Electronic Cigarettes Act (PECA), 2019 to curb the physical and online sale, distribution, advertisement, and promotion of e-cigarettes and other prohibited electronic nicotine delivery products.	Police Department and Special Task Force (CID).
8.	Expand the Tobacco-Free Health Institution (TFHI) initiative across AYUSH institutions, Medical and Dental Colleges, Hospitals, CHCs, PHCs, and HWCs, while strengthening tobacco cessation services.	AYUSH Deptt, DME&R, DHS, and NHM
9.	Finalize and operationalize the Multisectoral Engagement Action Plan as a roadmap for coordinated tobacco control efforts in Himachal Pradesh.	SPO (NTCP)
10.	Conduct district- and block-level capacity-building programmes to strengthen Tobacco-Free Villages, Scale up implementation of Tobacco-Free Village initiative (TFV) through the TFV App and community monitoring	SPO (NTCP), DPOs (NTCP), and Panchayati Raj Department.
11.	Achieve 100% tobacco vendor licensing across all Gram Panchayats and Urban Local Bodies, coupled with	Urban Development and

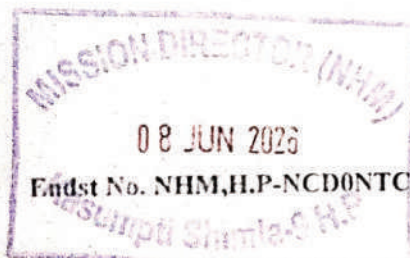
	strengthened monitoring and regulation of tobacco retail outlets.	Panchayati Raj Department
12.	Strengthen enforcement against illicit tobacco products and loose cigarette/bidi sales through the Excise & Taxation Department.	State Excise & Taxation Department.

Way Forward

The workshop concluded with a commitment from all stakeholders to strengthen tobacco control efforts in Himachal Pradesh through evidence-based policies, effective enforcement, community engagement, and multisectoral collaboration. The recommendations emerging from the workshop will guide future strategic actions towards achieving a Tobacco-Free Himachal Pradesh and protecting future generations from tobacco-related harms.

Approved by:

Secretary (Health) to the Government of Himachal Pradesh cum Chairperson, State Level Coordination Committee (SLCC) for Tobacco Control, Himachal Pradesh




Endst No. NHM,H.P-NCD0NTCV1/2019/NCD-NHM-H.P. e-File No.11797 Dated: Shimla, the - 332

Copy for information and necessary action please: -

1. The Director General of Police, Himachal Pradesh, Police HQ, Nigam Vihar, Chotta Shimla-02
2. The State Project Director, Samagra Shiksha, Himachal Pradesh, Shimla-01
3. The Commissioner of State Excise & Taxation, Himachal Pradesh, Shimla-09
4. The Director, Panchayati Raj & Rural Development Department, Himachal Pradesh, Shimla-09
5. The Director, Urban Development Department, Himachal Pradesh, Shimla-02
6. The Director, Department of School Education, Himachal Pradesh, Shimla-09
7. The Director Health Services, Himachal Pradesh, Shimla-09
8. The Director Dental Health Services, Himachal Pradesh, Shimla-09
9. The Director, Health Safety & Regulation, Himachal Pradesh, Shimla-02
10. The Director AYUSH, Himachal Pradesh, Shimla-09
11. The Director, Department of Higher Education, HP, Shimla-02
12. The Deputy Inspector General, Special Task Force (CID), Himachal Pradesh, Shimla-09
13. The Director, Tobacco Control Southeast Asia, Vital Strategies, New Delhi

14. The Director Medical Education & Research, Himachal Pradesh, Shimla-09
15. The State Drug Controller, Himachal Pradesh, Baddi, District Solan
16. The Chief Medical Officers, All Districts in Himachal Pradesh
17. The Commissioners of Municipal Corporation Shimla, Solan, Mandi, Hamirpur, Una, Baddi, Palampur and Dharamshala
18. The Executive officers, all Municipal Councils and Secretaries, all Nagar Panchayats in Himachal Pradesh
19. The District Program Officers (NTCP), all districts in Himachal Pradesh
20. The Block Medical Officers, all Health Blocks in Himachal Pradesh
21. Office copy




Mission Director,
National Health Mission,
Himachal Pradesh

Annexure 1: List of participants

S. No.	Department/ Organization	Name	Designation
1.	AYUSH	Dr. Shilpa Dadwal	SDAMO, Representative of AYUSH deptt
2.	DHSR	Sh. L.D. Thakur	Asst. Commissioner, Food Safety, Mandi
3.	DHSR	Ms. Verindera Chauhan	Asst. Commissioner, Food Safety, DHSR (HQ)
4.	DHSR	Dr. Atul Kaistha	Asst. Commissioner, Food Safety, MC Solan
5.	DHSR	Dr. Sunil Sharma	Food Safety Officer, MC Shimla
6.	DHSR	Sh. Dharmender	Asst. Commissioner, Food Safety, O/o CMO Shimla
7.	DHSR	Dr Rajesh Rana	Dy. DHS cum OSD (DHSR)
8.	Directorate of Dental Health Services	Dr. Satish Chaudhary	Director, Dental Health Services
9.	Directorate of Dental Health Services	Dr. Kamaljeet Singh	State Programme Officer, O/o Dental DHS
10.	Directorate of Medical Education & Research	Dr Amit Sachdeva	Representative of DME
11.	Drug Control Authority	Sh. Naman Gupta	Drug Inspector, Shimla
12.	Excise & Taxation	Ms. Poonam Thakur (HPRS)	Asst Commissioner
13.	GOI-WHO Consultant Network	Dr. Nishant Soni	Medical Consultant
14.	Health & FW	Dr. Gopal Beri	Director Health Services
15.	Health & FW	Dr. Sonam G. Negi	Jt.DHS cum Principal, SIHFW Parimahal
16.	Health & FW	Dr. Karan Hiteshi	District Nodal Officer, Chamba
17.	Health & FW	Dr. Deepak Gurung	District Nodal Officer, Bilaspur
18.	Health & FW	Dr. Anuradha	District Nodal Officer, Kangra
19.	Health & FW	Dr. Arindom Roy	District Nodal Officer, Mandi
20.	Health & FW	Dr. Ajay Attri	District Nodal Officer, Hamirpur
21.	Health & FW	Dr. Ankit Chaudhary	District Nodal Officer, Una
22.	Health & FW	Dr. Rakhi Sharma	District Nodal Officer, Shimla
23.	Health & FW	Dr. Priyanka Sharma	Nodal Officer O/o CMO Shimla
24.	Health & FW	Dr. MK Gandhi	District Nodal Officer, Lahaul & Spiti
25.	Health & FW	Dr. Ashwani	District Nodal Officer , Kinnaur
26.	Health & FW	Dr. Nikhil Garg	MO, Representative DNO Sirmaur
27.	Health & FW	Dr. Suresh Kumar	District Nodal Officer, Kullu
28.	Health & FW	Dr. Gagan Deep Hans Raj	District Programme Officer, Solan
29.	Health & FW	Dr. Gopal Chauhan	BMO, Karsog

30.	Higher Education	Dr. Renu Rana	OSD (DHE)
31.	Higher Education	Sh. Lal Chand	Joint Assistant(IT)O/o DHE
32.	Home/STF	Sh. Mehar Singh	Sub Inspector, STF/FU Kasumpti, Shimla
33.	Home/STF	Sh. Naresh Kumar	Head Constable STF(CID)
34.	Home/STF	Sh. Ramesh Sharma HPS	ASP, Central Range, Shimla
35.	MAMTA	Dr. Radhika Rana	Dy State Lead MAMTA
36.	MC Shimla	Dr. Anjali Chauhan	Corporation Health Officer
37.	MC Solan	Dr. Chetan Chauhan HAS	Joint Commissioner
38.	MC Solan	Sh. Rajesh Kumar	Sanitary Inspector
39.	NHM	Dr. Rajesh Guleri	Dy. Mission Director (NHM)
40.	NHM	Dr. Ravinder Kumar	SPO(NTCP), NHM HP
41.	NHM	Sh. Sanjay Singh	Graphic Designer, NHM
42.	NHM	Dr. Kamal Kant Kalia	PO (NTCP) NHM HP
43.	NHM	Dr. Damini Verma	Consultant (NTCP) NHM
44.	NHM	Dr. Pavneet Chona	Consultant (Child Health), NHM
45.	NHM	Sh. Divesh Sharma	PDA (NTCP), NTCP
46.	NHM	Sh. Vinod Kumar	VLM, NHM
47.	Panchayati Raj	Sh. Vijay Bragta	Deputy Director
48.	Police	Sh. Sandeep Kumar HPS	Dy SP, SV&ACB Headquarters Shimla
49.	Police	Sh. Hemant Kumar	Head Constable, Police Headquarters, Shimla
50.	Samagra Shiksha	Ms. Rekha Guleria	State Coordinator, Samagra Shiksha
51.	School Education	Ms. Poonam Bisht	Deputy Director
52.	School Education	Sh. Lokesh	Principal, Representative of DDSE Shimla
53.	State Excise & Taxation	Sh. Ravinder Kumar HPRS	Add. Commissioner
54.	Urban Development	Er. Ravi Sharma	Representative, MC Theog
55.	Urban Development	Sh. Vinod Kumar	Representative, Nagar Panchayat Kandaghat
56.	Vital Strategies	Dr. Rana J. Singh	Director, Tobacco Control South-East Asia, New Delhi
57.	Vital Strategies	Dr. Chandavali Madan	Technical Specialist, Vital Strategies, New Delhi

कार्यशाला युवाओं व बच्चों को तंबाकू से बचाने के लिए कोटपा-2003 को और सशक्त बनाया जाएगा: एम. सुधा

नाबालिगों की पहुंच से दूर होंगे तंबाकू उत्पाद



भारतेंदु संवाददाता, अनिल कुमार शर्मा, शिमला। शिमला में वर्ल्ड नो टोबैको डे कैम्पेन-2026 के अंतर्गत गत दिवस स्वास्थ्य एवं परिवार कल्याण विभाग, हिमाचल प्रदेश द्वारा 'तंबाकू मुक्त मुक्त हिमाचल प्रदेश की ओर नीति, प्रवर्तन एवं तंबाकू मुक्त पीढ़ी' विषय पर राज्य स्तरीय प्रसार कार्यशाला का आयोजन किया गया। कार्यशाला का उद्घाटन स्वास्थ्य सचिव एम. सुधा देवी, आईएएस ने मुख्य अतिथि के रूप में किया।

कार्यशाला के दौरान राज्य में तंबाकू विक्रेताओं की संपत्ति एवं तंबाकू निर्यात कानूनों के अनुपालन पर आधारित सर्वे रिपोर्ट जारी की गई। इस अवसर पर डॉ. गोपाल बेरी, निदेशक स्वास्थ्य सेवाएं, डॉ. सतीश चौधरी, निदेशक दंत स्वास्थ्य सेवाएं, डॉ. राणा जे. सिंह, निदेशक टोबैको कंट्रोल, वाइलड स्टेटेजीज, नई दिल्ली, रविंद्र कुमार, अतिरिक्त आयुक्त

आवकारी एवं कराधान, डॉ. राजेश गुलेरी, उप निदेशक, राष्ट्रीय स्वास्थ्य मिशन तथा विजय बरागटा, उप निदेशक पंचायती राज सहित विभिन्न विभागों के अधिकारी उपस्थित रहे।

कार्यशाला में 55 से अधिक प्रतिभागियों ने भाग लिया। स्वास्थ्य सचिव एम. सुधा देवी ने कहा कि बच्चों और युवाओं को तंबाकू के दुष्प्रभावों से बचाने के लिए सिगरेट एवं अन्य तंबाकू उत्पाद अधिनियम (कोटपा)-2003 को और अधिक सशक्त बनाने हेतु आवश्यक संशोधन किए जाएंगे।

उन्होंने कहा कि राज्य में हुक्का बार को नियंत्रित करने के लिए भी सख्त कानूनी प्रावधान लागू जाएंगे। सर्वे रिपोर्ट में कई चिंताजनक तथ्य भी सामने आए। रिपोर्ट के अनुसार 10 प्रतिशत से अधिक तंबाकू विक्रेता जैवगत संस्थानों के 100 गज के दायरे में पाए गए, जो कानून का सीधा उल्लंघन है। इसके अतिरिक्त अधिकतर विक्रेताओं द्वारा

नाबालिगों को तंबाकू विक्रेता नियंत्रण संबंधी अनिवार्य चेतावनी बोर्ड प्रदर्शित नहीं किए गए। कई स्थानों पर तंबाकू उत्पाद खुले रूप में प्रदर्शित पाए गए, जिससे बच्चों एवं किशोरों को इन उत्पादों तक आसानी पहुंच देखी गई।

कार्यशाला में विभिन्न विभागों के अधिकारियों ने संयुक्त प्रवर्तन अभियान, नियमित निरीक्षण, तैयारी संस्थानों के आम पास वितरण नियंत्रण तथा जन-जागरूकता गतिविधियों को और मजबूत करने पर चर्चा किया। यह भी कहा गया कि तंबाकू निर्यात केवल स्वास्थ्य विभाग की जिम्मेदारी नहीं, बल्कि सभी विभागों एवं समुदाय को साझा जिम्मेदारी है। राज्य सरकार ने तंबाकू निर्यात कानूनों के प्रभावी क्रियान्वयन, बच्चों को सुरक्षा तथा सार्वजनिक स्वास्थ्य को सुदृढ़ करने के लिए सभी आवश्यक कदम उठाने की प्रतिबद्धता दोहराई।

पंजाब डेअरी

हिमाचल को तंबाकू मुक्त बनाने के लिए कोटपा कानून होगा और सख्त, हुक्का बार पर भी शिकंजा



शिमला, 31 मई (संतोष): हिमाचल को तंबाकू मुक्त बनाने और आने वाली पीढ़ी को इसके दुष्प्रभावों से बचाने के लिए राज्य सरकार बड़े कदम उठाने जा रही है। बच्चों और युवाओं की सुरक्षा के लिए सिगरेट एवं अन्य तंबाकू उत्पाद अधिनियम (कोटपा)-2003 में आवश्यक संशोधन कर इसे और अधिक सशक्त बनाया जाएगा।

इसके साथ ही राज्य में हुक्का बार को पूरी तरह नियंत्रित करने के लिए मजबूत कानूनी प्रावधान भी लागू जा रहे हैं। यह घोषणा स्वास्थ्य सचिव एम. सुधा देवी ने शिमला में आयोजित राज्य स्तरीय प्रसार कार्यशाला के उद्घाटन के दौरान मुख्यअतिथि के रूप में की। वर्ल्ड नो टोबैको डे कैम्पेन-2026 के अंतर्गत स्वास्थ्य एवं परिवार कल्याण

कार्यशाला में मौजूद विभिन्न विभागों के अधिकारियों ने साफ किया कि तंबाकू निर्यात केवल स्वास्थ्य विभाग का काम नहीं है, बल्कि यह पूरे समुदाय और सभी विभागों की सांझा जिम्मेदारी है। इसे रोकने के लिए आने वाले दिनों में संयुक्त प्रवर्तन अभियान और नियमित निरीक्षण तेज किए जाएंगे। कार्यक्रम में स्वास्थ्य सेवाएं निदेशक डा. गोपाल बेरी, दंत स्वास्थ्य सेवाएं निदेशक डा. सतीश चौधरी, वाइलड स्टेटेजीज (नई दिल्ली) के टोबैको कंट्रोल निदेशक डा. राणा जे. सिंह, अतिरिक्त आवकारी एवं कराधान आयुक्त रविंद्र कुमार, एन.एच.एम. के उप निदेशक डा. राजेश गुलेरी और पंचायती राज के उपनिदेशक विजय बरागटा सहित कई आला अधिकारों मौजूद रहे। PK

शिमला : स्वास्थ्य एवं परिवार कल्याण विभाग द्वारा तंबाकू मुक्त हिमाचल प्रदेश की ओर नीति, प्रवर्तन एवं तंबाकू मुक्त पीढ़ी विषय पर आयोजित कार्यशाला में भाग लेते प्रतिभागी।

विभाग द्वारा तंबाकू मुक्त हिमाचल प्रदेश की ओर नीति, प्रवर्तन एवं तंबाकू मुक्त पीढ़ी विषय पर इस कार्यशाला का आयोजन किया गया।

कार्यशाला के दौरान राज्य में तंबाकू विक्रेताओं की स्थिति और कानूनों के अनुपालन को लेकर एक सर्वे रिपोर्ट जारी की गई, जिसमें कई चिंताजनक तथ्य सामने आए हैं।

राज्य के 10 प्रतिशत से अधिक तंबाकू विक्रेता सीधे तौर पर कानून का उल्लंघन करते हुए शैक्षणिक संस्थानों के 100 गज के दायरे में दुकानें चला रहे हैं। अधिकांश दुकानदारों ने नाबालिगों को तंबाकू बेचने पर रोक संबंधी अनिवार्य चेतावनी बोर्ड नहीं लगाए हैं। कई जगहों पर तंबाकू उत्पादों को खुलेआम प्रदर्शित किया जा रहा है।



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